

## Wettkampf 28 - 400m Freistil männlich

LR: 03:43,01 - Schwarz, Sven (W98 Hannover) am 31.10.2020 in Hannover

### Pflichtzeiten

2009 bis 2012: 04:30,00 2008: 05:10,00 2007: 05:00,00 2006: 04:50,00 2005: 04:40,00 2003 bis 2004: 04:35,00 1900 bis 2002: 04:30,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesmeister	Magnus Danz	2004	Polizei SV Oldenburg	03:58,88
	50m: 00:27,33 (00:27,33)   100m: 00:56,98 (00:29,65)   150m: 01:27,30 (00:30,32) 200m: 01:57,91 (00:30,61)   250m: 02:28,42 (00:30,51)   300m: 02:59,04 (00:30,62) 350m: 03:29,41 (00:30,37)   400m: 03:58,88 (00:29,47)			
2.	Nils Knittel	2004	WSG Wunstorf	04:02,93
	50m: 00:27,44 (00:27,44)   100m: 00:57,02 (00:29,58)   150m: 01:27,38 (00:30,36) 200m: 01:57,96 (00:30,58)   250m: 02:28,60 (00:30,64)   300m: 02:59,76 (00:31,16) 350m: 03:31,54 (00:31,78)   400m: 04:02,93 (00:31,39)			
3.	Hannes Ole Klar	2005	SGS Hannover	04:04,90
	50m: 00:27,67 (00:27,67)   100m: 00:58,16 (00:30,49)   150m: 01:29,51 (00:31,35) 200m: 02:01,04 (00:31,53)   250m: 02:32,33 (00:31,29)   300m: 03:03,12 (00:30,79) 350m: 03:34,77 (00:31,65)   400m: 04:04,90 (00:30,13)			
4.	Valentin Hauptmann	2006	TV Jahn Wolfsburg	04:05,99
	50m: 00:27,17 (00:27,17)   100m: 00:57,60 (00:30,43)   150m: 01:28,89 (00:31,29) 200m: 02:00,67 (00:31,78)   250m: 02:32,56 (00:31,89)   300m: 03:04,61 (00:32,05) 350m: 03:36,28 (00:31,67)   400m: 04:05,99 (00:29,71)			
5.	Amon Bode	2001	TWG 1861 Göttingen	04:06,22
	50m: 00:26,82 (00:26,82)   100m: 00:57,56 (00:30,74)   150m: 01:29,09 (00:31,53) 200m: 02:00,89 (00:31,80)   250m: 02:33,02 (00:32,13)   300m: 03:04,70 (00:31,68) 350m: 03:36,10 (00:31,40)   400m: 04:06,22 (00:30,12)			
6.	Daniel Olenberg	2007	VfL Osnabrück	04:06,33
	50m: 00:27,19 (00:27,19)   100m: 00:57,67 (00:30,48)   150m: 01:29,19 (00:31,52) 200m: 02:00,92 (00:31,73)   250m: 02:32,97 (00:32,05)   300m: 03:04,70 (00:31,73) 350m: 03:36,33 (00:31,63)   400m: 04:06,33 (00:30,00)			
7.	Lennart Franke	2006	SGS Langenhagen	04:12,79
	50m: 00:27,53 (00:27,53)   100m: 00:58,70 (00:31,17)   150m: 01:30,52 (00:31,82) 200m: 02:03,01 (00:32,49)   250m: 02:35,82 (00:32,81)   300m: 03:08,59 (00:32,77) 350m: 03:41,53 (00:32,94)   400m: 04:12,79 (00:31,26)			
8.	Tillmann Lau	2007	W98 Hannover	04:13,58
	50m: 00:27,59 (00:27,59)   100m: 00:58,69 (00:31,10)   150m: 01:30,48 (00:31,79) 200m: 02:02,90 (00:32,42)   250m: 02:35,42 (00:32,52)   300m: 03:08,54 (00:33,12) 350m: 03:41,69 (00:33,15)   400m: 04:13,58 (00:31,89)			
9.	Morten Danz	2007	Polizei SV Oldenburg	04:18,23
	50m: 00:29,49 (00:29,49)   100m: 01:01,87 (00:32,38)   150m: 01:34,73 (00:32,86) 200m: 02:07,50 (00:32,77)   250m: 02:40,12 (00:32,62)   300m: 03:12,92 (00:32,80) 350m: 03:46,01 (00:33,09)   400m: 04:18,23 (00:32,22)			
10.	Jakob Mayer	2004	TWG 1861 Göttingen	04:18,49
	50m: 00:28,81 (00:28,81)   100m: 00:59,88 (00:31,07)   150m: 01:32,34 (00:32,46) 200m: 02:05,41 (00:33,07)   250m: 02:38,80 (00:33,39)   300m: 03:12,02 (00:33,22) 350m: 03:45,74 (00:33,72)   400m: 04:18,49 (00:32,75)			
11.	Erdi-Vahap Ilboga	2006	Polizei SV Oldenburg	04:20,39
	50m: 00:29,24 (00:29,24)   100m: 01:01,63 (00:32,39)   150m: 01:34,83 (00:33,20) 200m: 02:08,03 (00:33,20)   250m: 02:40,90 (00:32,87)   300m: 03:14,60 (00:33,70) 350m: 03:48,35 (00:33,75)   400m: 04:20,39 (00:32,04)			
12.	Leon-Maurice Waldeck	2008	SGS Langenhagen	04:20,49
	50m: 00:30,04 (00:30,04)   100m: 01:02,37 (00:32,33)   150m: 01:35,43 (00:33,06) 200m: 02:08,34 (00:32,91)   250m: 02:41,07 (00:32,73)   300m: 03:14,78 (00:33,71) 350m: 03:48,36 (00:33,58)   400m: 04:20,49 (00:32,13)			
13.	Jochen van Gerpen	1996	SV Neptun Emden	04:20,97
	50m: 00:28,55 (00:28,55)   100m: 01:00,34 (00:31,79)   150m: 01:33,39 (00:33,05) 200m: 02:06,63 (00:33,24)   250m: 02:40,13 (00:33,50)   300m: 03:13,72 (00:33,59) 350m: 03:46,94 (00:33,22)   400m: 04:20,97 (00:34,03)			
14.	Daniel Streicher	2006	TWG 1861 Göttingen	04:28,11
	50m: 00:30,46 (00:30,46)   100m: 01:04,30 (00:33,84)   150m: 01:38,59 (00:34,29) 200m: 02:12,49 (00:33,90)   250m: 02:46,66 (00:34,17)   300m: 03:20,92 (00:34,26) 350m: 03:55,02 (00:34,10)   400m: 04:28,11 (00:33,09)			

**noch Wettkampf 28 - 400m Freistil männlich****noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
15.	Julian Weltzien 50m: 00:28,91 (00:28,91)   100m: 01:02,08 (00:33,17)   150m: 01:36,95 (00:34,87) 200m: 02:12,30 (00:35,35)   250m: 02:47,13 (00:34,83)   300m: 03:21,95 (00:34,82) 350m: 03:56,55 (00:34,60)   400m: 04:29,45 (00:32,90)	2007	VfV Hildesheim	04:29,45
16.	Nevio Peters 50m: 00:29,51 (00:29,51)   100m: 01:02,85 (00:33,34)   150m: 01:37,80 (00:34,95) 200m: 02:13,30 (00:35,50)   250m: 02:48,80 (00:35,50)   300m: 03:23,77 (00:34,97) 350m: 03:59,27 (00:35,50)   400m: 04:31,76 (00:32,49)	2008	Wardenburger SC	04:31,76
17.	Enno Brahms 50m: 00:29,91 (00:29,91)   100m: 01:03,42 (00:33,51)   150m: 01:38,06 (00:34,64) 200m: 02:13,43 (00:35,37)   250m: 02:48,32 (00:34,89)   300m: 03:23,77 (00:35,45) 350m: 03:59,16 (00:35,39)   400m: 04:31,84 (00:32,68)	2007	Wardenburger SC	04:31,84
18.	Robin Viragh 50m: 00:30,43 (00:30,43)   100m: 01:04,07 (00:33,64)   150m: 01:38,84 (00:34,77) 200m: 02:14,23 (00:35,39)   250m: 02:49,26 (00:35,03)   300m: 03:24,54 (00:35,28) 350m: 03:59,74 (00:35,20)   400m: 04:32,16 (00:32,42)	2005	Stader Schwimmverein	04:32,16
19.	Leon Christopher Taube 50m: 00:31,60 (00:31,60)   100m: 01:05,36 (00:33,76)   150m: 01:40,13 (00:34,77) 200m: 02:15,24 (00:35,11)   250m: 02:50,54 (00:35,30)   300m: 03:25,57 (00:35,03) 350m: 04:00,82 (00:35,25)   400m: 04:34,57 (00:33,75)	2007	TWG 1861 Göttingen	04:34,57
20.	Jan Daweke 50m: 00:30,62 (00:30,62)   100m: 01:05,24 (00:34,62)   150m: 01:39,92 (00:34,68) 200m: 02:14,77 (00:34,85)   250m: 02:49,22 (00:34,45)   300m: 03:24,78 (00:35,56) 350m: 03:59,95 (00:35,17)   400m: 04:34,76 (00:34,81)	2008	VfL Osnabrück	04:34,76
21.	Sebastian Dominik Besdo 50m: 00:29,78 (00:29,78)   100m: 01:03,54 (00:33,76)   150m: 01:38,54 (00:35,00) 200m: 02:14,85 (00:36,31)   250m: 02:50,97 (00:36,12)   300m: 03:26,87 (00:35,90) 350m: 04:03,53 (00:36,66)   400m: 04:38,10 (00:34,57)	2007	SV Burgwedel	04:38,10
22.	Johann Wirries 50m: 00:29,77 (00:29,77)   100m: 01:03,61 (00:33,84)   150m: 01:38,63 (00:35,02) 200m: 02:14,36 (00:35,73)   250m: 02:50,19 (00:35,83)   300m: 03:27,03 (00:36,84) 350m: 04:04,00 (00:36,97)   400m: 04:39,81 (00:35,81)	2008	SG RethenSarstedt	04:39,81
23.	Franz Zapfe 50m: 00:29,75 (00:29,75)   100m: 01:03,44 (00:33,69)   150m: 01:38,93 (00:35,49) 200m: 02:14,95 (00:36,02)   250m: 02:51,48 (00:36,53)   300m: 03:28,81 (00:37,33) 350m: 04:06,04 (00:37,23)   400m: 04:41,98 (00:35,94)	2007	ASC Göttingen von 1846 e.V.	04:41,98
24.	Lian Ludt 50m: 00:31,71 (00:31,71)   100m: 01:06,75 (00:35,04)   150m: 01:42,94 (00:36,19) 200m: 02:20,27 (00:37,33)   250m: 02:56,39 (00:36,12)   300m: 03:32,70 (00:36,31) 350m: 04:09,68 (00:36,98)   400m: 04:45,42 (00:35,74)	2007	Wardenburger SC	04:45,42
25.	Malte Prieß 50m: 00:31,48 (00:31,48)   100m: 01:07,33 (00:35,85)   150m: 01:44,49 (00:37,16) 200m: 02:21,46 (00:36,97)   250m: 02:58,49 (00:37,03)   300m: 03:35,44 (00:36,95) 350m: 04:12,97 (00:37,53)   400m: 04:48,39 (00:35,42)	2008	TuS Zeven	04:48,39

aufgegeben

Ian Kuprecht 2007 Waspo Nordhorn

abgemeldet

Aaron Filges 2008 SC Altwarmbüchen

Lorenz Müller 2008 W98 Hannover

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Leon-Maurice Waldeck 50m: 00:30,04 (00:30,04)   100m: 01:02,37 (00:32,33)   150m: 01:35,43 (00:33,06) 200m: 02:08,34 (00:32,91)   250m: 02:41,07 (00:32,73)   300m: 03:14,78 (00:33,71) 350m: 03:48,36 (00:33,58)   400m: 04:20,49 (00:32,13)	2008	SGS Langenhagen	04:20,49

**noch Wettkampf 28 - 400m Freistil männlich****noch Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Nevio Peters 50m: 00:29,51 (00:29,51)   100m: 01:02,85 (00:33,34)   150m: 01:37,80 (00:34,95) 200m: 02:13,30 (00:35,50)   250m: 02:48,80 (00:35,50)   300m: 03:23,77 (00:34,97) 350m: 03:59,27 (00:35,50)   400m: 04:31,76 (00:32,49)	2008	Wardenburger SC	04:31,76
3.	Jan Daweke 50m: 00:30,62 (00:30,62)   100m: 01:05,24 (00:34,62)   150m: 01:39,92 (00:34,68) 200m: 02:14,77 (00:34,85)   250m: 02:49,22 (00:34,45)   300m: 03:24,78 (00:35,56) 350m: 03:59,95 (00:35,17)   400m: 04:34,76 (00:34,81)	2008	VfL Osnabrück	04:34,76
4.	Johann Wirries 50m: 00:29,77 (00:29,77)   100m: 01:03,61 (00:33,84)   150m: 01:38,63 (00:35,02) 200m: 02:14,36 (00:35,73)   250m: 02:50,19 (00:35,83)   300m: 03:27,03 (00:36,84) 350m: 04:04,00 (00:36,97)   400m: 04:39,81 (00:35,81)	2008	SG RethenSarstedt	04:39,81
5.	Malte Prieß 50m: 00:31,48 (00:31,48)   100m: 01:07,33 (00:35,85)   150m: 01:44,49 (00:37,16) 200m: 02:21,46 (00:36,97)   250m: 02:58,49 (00:37,03)   300m: 03:35,44 (00:36,95) 350m: 04:12,97 (00:37,53)   400m: 04:48,39 (00:35,42)	2008	TuS Zeven	04:48,39

**Jahrgang 2007**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Daniel Olenberg 50m: 00:27,19 (00:27,19)   100m: 00:57,67 (00:30,48)   150m: 01:29,19 (00:31,52) 200m: 02:00,92 (00:31,73)   250m: 02:32,97 (00:32,05)   300m: 03:04,70 (00:31,73) 350m: 03:36,33 (00:31,63)   400m: 04:06,33 (00:30,00)	2007	VfL Osnabrück	04:06,33
2.	Tillmann Lau 50m: 00:27,59 (00:27,59)   100m: 00:58,69 (00:31,10)   150m: 01:30,48 (00:31,79) 200m: 02:02,90 (00:32,42)   250m: 02:35,42 (00:32,52)   300m: 03:08,54 (00:33,12) 350m: 03:41,69 (00:33,15)   400m: 04:13,58 (00:31,89)	2007	W98 Hannover	04:13,58
3.	Morten Danz 50m: 00:29,49 (00:29,49)   100m: 01:01,87 (00:32,38)   150m: 01:34,73 (00:32,86) 200m: 02:07,50 (00:32,77)   250m: 02:40,12 (00:32,62)   300m: 03:12,92 (00:32,80) 350m: 03:46,01 (00:33,09)   400m: 04:18,23 (00:32,22)	2007	Polizei SV Oldenburg	04:18,23
4.	Julian Weltzien 50m: 00:28,91 (00:28,91)   100m: 01:02,08 (00:33,17)   150m: 01:36,95 (00:34,87) 200m: 02:12,30 (00:35,35)   250m: 02:47,13 (00:34,83)   300m: 03:21,95 (00:34,82) 350m: 03:56,55 (00:34,60)   400m: 04:29,45 (00:32,90)	2007	VfV Hildesheim	04:29,45
5.	Enno Brahms 50m: 00:29,91 (00:29,91)   100m: 01:03,42 (00:33,51)   150m: 01:38,06 (00:34,64) 200m: 02:13,43 (00:35,37)   250m: 02:48,32 (00:34,89)   300m: 03:23,77 (00:35,45) 350m: 03:59,16 (00:35,39)   400m: 04:31,84 (00:32,68)	2007	Wardenburger SC	04:31,84
6.	Leon Christopher Taube 50m: 00:31,60 (00:31,60)   100m: 01:05,36 (00:33,76)   150m: 01:40,13 (00:34,77) 200m: 02:15,24 (00:35,11)   250m: 02:50,54 (00:35,30)   300m: 03:25,57 (00:35,03) 350m: 04:00,82 (00:35,25)   400m: 04:34,57 (00:33,75)	2007	TWG 1861 Göttingen	04:34,57
7.	Sebastian Dominik Besdo 50m: 00:29,78 (00:29,78)   100m: 01:03,54 (00:33,76)   150m: 01:38,54 (00:35,00) 200m: 02:14,85 (00:36,31)   250m: 02:50,97 (00:36,12)   300m: 03:26,87 (00:35,90) 350m: 04:03,53 (00:36,66)   400m: 04:38,10 (00:34,57)	2007	SV Burgwedel	04:38,10
8.	Franz Zapfe 50m: 00:29,75 (00:29,75)   100m: 01:03,44 (00:33,69)   150m: 01:38,93 (00:35,49) 200m: 02:14,95 (00:36,02)   250m: 02:51,48 (00:36,53)   300m: 03:28,81 (00:37,33) 350m: 04:06,04 (00:37,23)   400m: 04:41,98 (00:35,94)	2007	ASC Göttingen von 1846 e.V.	04:41,98
9.	Lian Ludt 50m: 00:31,71 (00:31,71)   100m: 01:06,75 (00:35,04)   150m: 01:42,94 (00:36,19) 200m: 02:20,27 (00:37,33)   250m: 02:56,39 (00:36,12)   300m: 03:32,70 (00:36,31) 350m: 04:09,68 (00:36,98)   400m: 04:45,42 (00:35,74)	2007	Wardenburger SC	04:45,42

## noch Wettkampf 28 - 400m Freistil männlich

### Jahrgang 2006

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Valentin Hauptmann	2006	TV Jahn Wolfsburg	04:05,99
	50m: 00:27,17 (00:27,17)   100m: 00:57,60 (00:30,43)   150m: 01:28,89 (00:31,29) 200m: 02:00,67 (00:31,78)   250m: 02:32,56 (00:31,89)   300m: 03:04,61 (00:32,05) 350m: 03:36,28 (00:31,67)   400m: 04:05,99 (00:29,71)			
2.	Lennart Franke	2006	SGS Langenhagen	04:12,79
	50m: 00:27,53 (00:27,53)   100m: 00:58,70 (00:31,17)   150m: 01:30,52 (00:31,82) 200m: 02:03,01 (00:32,49)   250m: 02:35,82 (00:32,81)   300m: 03:08,59 (00:32,77) 350m: 03:41,53 (00:32,94)   400m: 04:12,79 (00:31,26)			
3.	Erdi-Vahap Ilboga	2006	Polizei SV Oldenburg	04:20,39
	50m: 00:29,24 (00:29,24)   100m: 01:01,63 (00:32,39)   150m: 01:34,83 (00:33,20) 200m: 02:08,03 (00:33,20)   250m: 02:40,90 (00:32,87)   300m: 03:14,60 (00:33,70) 350m: 03:48,35 (00:33,75)   400m: 04:20,39 (00:32,04)			
4.	Daniel Streicher	2006	TWG 1861 Göttingen	04:28,11
	50m: 00:30,46 (00:30,46)   100m: 01:04,30 (00:33,84)   150m: 01:38,59 (00:34,29) 200m: 02:12,49 (00:33,90)   250m: 02:46,66 (00:34,17)   300m: 03:20,92 (00:34,26) 350m: 03:55,02 (00:34,10)   400m: 04:28,11 (00:33,09)			

### Jahrgang 2005

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Hannes Ole Klar	2005	SGS Hannover	04:04,90
	50m: 00:27,67 (00:27,67)   100m: 00:58,16 (00:30,49)   150m: 01:29,51 (00:31,35) 200m: 02:01,04 (00:31,53)   250m: 02:32,33 (00:31,29)   300m: 03:03,12 (00:30,79) 350m: 03:34,77 (00:31,65)   400m: 04:04,90 (00:30,13)			
2.	Robin Viragh	2005	Stader Schwimmverein	04:32,16
	50m: 00:30,43 (00:30,43)   100m: 01:04,07 (00:33,64)   150m: 01:38,84 (00:34,77) 200m: 02:14,23 (00:35,39)   250m: 02:49,26 (00:35,03)   300m: 03:24,54 (00:35,28) 350m: 03:59,74 (00:35,20)   400m: 04:32,16 (00:32,42)			

### Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjuniorenmeister	Magnus Danz	2004	Polizei SV Oldenburg	03:58,88
	50m: 00:27,33 (00:27,33)   100m: 00:56,98 (00:29,65)   150m: 01:27,30 (00:30,32) 200m: 01:57,91 (00:30,61)   250m: 02:28,42 (00:30,51)   300m: 02:59,04 (00:30,62) 350m: 03:29,41 (00:30,37)   400m: 03:58,88 (00:29,47)			
2.	Nils Knittel	2004	WSG Wunstorf	04:02,93
	50m: 00:27,44 (00:27,44)   100m: 00:57,02 (00:29,58)   150m: 01:27,38 (00:30,36) 200m: 01:57,96 (00:30,58)   250m: 02:28,60 (00:30,64)   300m: 02:59,76 (00:31,16) 350m: 03:31,54 (00:31,78)   400m: 04:02,93 (00:31,39)			
3.	Jakob Mayer	2004	TWG 1861 Göttingen	04:18,49
	50m: 00:28,81 (00:28,81)   100m: 00:59,88 (00:31,07)   150m: 01:32,34 (00:32,46) 200m: 02:05,41 (00:33,07)   250m: 02:38,80 (00:33,39)   300m: 03:12,02 (00:33,22) 350m: 03:45,74 (00:33,72)   400m: 04:18,49 (00:32,75)			