

Protokoll

Landesjahrgangsmeisterschaften 2023 mit SMK vom 22.04.2023 bis 23.04.2023

Veranstalter: Landesschwimmverband Niedersachsen e.V.
Ausrichter: Hannover 96 e.V.

Abschnitt 1

Einlass: 8:30
KR-Sitzung: 9:00
Beginn: 9:30

Wettkampfbecken

8 Bahnen á 50m
Wellenkiller-Leinen
Wassertemperatur ca. 25°C
Automatische Zeitnahme

Schwimmbad-Adresse

Stadionbad Hannover
Robert-Enke-Str. 5
30169 Hannover

Anzahl Meldungen, Abschnitt 1

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

Landesschwimmverband Niedersachsen (LSV-Nr.: 9)

Verein	DSV-Id	Teilnehmer	Abs.1
1. Nienburger SC	3663	1/ 0	1/ 0
ASC Göttingen von 1846 e.V.	3667	5/ 2	10/ 0
ATS Cuxhaven	3668	1/ 4	8/ 0
Celler Schwimm-Club e.V.	3683	4/ 4	15/ 0
Delmenhorster SV 1905	3686	4/ 2	9/ 0
Eintracht Hildesheim	3694	3/ 2	8/ 0
Grafen Schwimmteam	6443	4/ 0	5/ 0
Hamelner Schwimmverein v. 1913 e.V.	3703	0/ 1	1/ 0
Hannover 96	7079	1/ 0	1/ 0
Heidmühler FC	3709	1/ 0	1/ 0
Landesschwimmverband Niedersachsen	9999	1/ 0	2/ 0
MTV Aurich	3719	1/ 0	1/ 0
MTV Dannenberg 1863	3724	3/ 0	4/ 0
MTV Goslar	3729	8/ 2	24/ 0
Oldenburger SV 1902	5993	1/ 1	2/ 0
Peiner Schwimmverein	3745	1/ 0	1/ 0
Polizei SV Oldenburg	4944	1/ 4	11/ 0
SC Altwarmbüchen	3953	2/ 1	4/ 0
SC Delphin Salzgitter	3764	0/ 1	1/ 0
SC Dunum	3769	0/ 1	1/ 0
SC Lüchow 1861	3969	1/ 0	1/ 0
SC Osnabrück 04	5762	1/ 0	1/ 0
SC Twist	3783	1/ 0	1/ 0
Schwimm-Club Seevetal	5064	3/ 1	6/ 0
Seelzer Schwimmsportverein von 2022 e.V.	7224	1/ 0	1/ 0
SG Diepholz 1870	3794	2/ 1	3/ 0
SG Freren	6696	2/ 0	2/ 0
SG Osnabrück	3793	0/ 1	1/ 0
SG RethenSarstedt	5812	1/ 2	4/ 0
SG Syke / Barrien	3813	1/ 1	3/ 0
SGS Barsinghausen	6712	3/ 1	6/ 0
SGS Hannover	3807	3/ 7	15/ 0
SGS Langenhagen	7066	3/ 0	4/ 0
SSG Braunschweig	3830	6/ 13	33/ 0
SSG Nord-Calenberg	3831	1/ 0	2/ 0
SSG Wolfenbüttel	6409	1/ 0	1/ 0
Stader Schwimmverein	3835	4/ 0	4/ 0
STP Swim Team Pattensen	7113	4/ 2	6/ 0
SV Anker 06 Gadenstedt	3845	0/ 2	2/ 0
SV Burgwedel	6507	3/ 0	4/ 0
SV Garbsen	5416	1/ 0	1/ 0
SV Haren	3867	1/ 1	2/ 0
SV Nienhagen 1928	3874	4/ 5	15/ 0
SV Nordenham	3875	2/ 0	2/ 0
SV Wasserfreunde Dalum	3887	1/ 1	5/ 0
SV Wasserfreunde Völlen - Papenburg e.V.	4037	0/ 1	1/ 0
SV Wildeshausen	3891	1/ 2	4/ 0
TSG 07 Burg Grefesche	3899	4/ 0	5/ 0
TSV Achim 1860	3907	1/ 0	1/ 0
TSV Adendorf 1923	5907	1/ 4	7/ 0
TSV Anderten	3909	2/ 0	2/ 0
TSV Otterndorf	3933	3/ 2	6/ 0
TSV Pattensen	3936	6/ 1	13/ 0

noch Anzahl Meldungen, Abschnitt 1

noch Landesschwimmverband Niedersachsen (LSV-Nr.: 9)

Verein	DSV-Id	Teilnehmer	Abs.1
TSV Ueffeln	3943	1/ 0	1/ 0
TSV Wietze	3946	2/ 1	4/ 0
TuS 1849 Clausthal-Zellerfeld	3962	1/ 0	2/ 0
TuS Bramsche	3960	0/ 1	1/ 0
TuS Neuenhaus	3971	3/ 0	3/ 0
TUS Wagenfeld	3978	1/ 1	2/ 0
TV Jahn Schneverdingen	5749	4/ 3	7/ 0
TV Jahn Wolfsburg	3996	2/ 3	5/ 0
TV Meppen	3998	1/ 0	2/ 0
TWG 1861 Göttingen	6779	4/ 4	12/ 0
VfL Bad Nenndorf	4009	1/ 0	1/ 0
VfL Osnabrück	4018	3/ 2	7/ 0
VfL Rastede	4019	4/ 1	8/ 0
VfV Hildesheim	4026	2/ 4	11/ 0
W98 Hannover	6661	0/ 1	1/ 0
Wardenburger SC	4030	4/ 3	16/ 0
Waspo Nordhorn	4046	1/ 1	2/ 0
Weyher SV	4034	1/ 2	3/ 0
Wilhelmshavener SSV	4040	1/ 0	1/ 0
WSG Wunstorf	6544	5/ 0	6/ 0
Gesamt für den Verband		151/ 100	369/ 0

Abschnitt 1 - Samstag 22.04.2023

Einlass: 08:30 Uhr | Einschwimmen: 08:30 Uhr | Kampfrichtersitzung: 09:00 Uhr
Beginn: 09:30 Uhr

Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter	Thorsten Fink	Landesschwimmverband Niedersachsen
Schiedsrichter	Nico Winkler	Landesschwimmverband Niedersachsen
Starter	Martin Maeß	Landesschwimmverband Niedersachsen
Starter	Kai Mario Falk	Landesschwimmverband Niedersachsen
Sprecher	Holger Timmermann	Landesschwimmverband Niedersachsen
Sprecher	Carsten Bentlage	Landesschwimmverband Niedersachsen
Schwimmrichter	Pavel Rudko	Delmenhorster SV 1905
Schwimmrichter	Golyuzya Unruh-Engelhardt	TWG 1861 Göttingen
Auswerter	Karsten Lippmann	Landesschwimmverband Niedersachsen
Auswerter	Dirk Deichhard	Landesschwimmverband Niedersachsen
Protokollführer	Fabian Natusch	Hannover 96
Protokoll	Annegret Tinne	Hannover 96
Zeitmessung	Mark Piosik	Landesschwimmverband Niedersachsen

Zielgericht

Position	Name	Verein
Zielrichter-Obmann	Lutz Röttger	MTV Goslar
Zielrichter	Andreas Topper	STP Swim Team Pattensen
Zielrichter	Xingbo Xu	ASC Göttingen von 1846 e.V.
Zielrichter	Andreas Weiß	SGS Langenhagen
Zielrichter	Wei Frickel	WSG Wunstorf

Zeitgericht 1

Position	Name	Verein
Zeitnehmer-Obmann	Tatjana Podlogar	Wardenburger SC
Zeitnehmer Bahn 1	Tina Mollenhauer	SV Nienhagen 1928
Zeitnehmer Bahn 2	Maxi Rathmann	SSG Braunschweig
Zeitnehmer Bahn 3	Vivian Koopmann	Polizei SV Oldenburg
Zeitnehmer Bahn 4	Annette Sievers	TSV Pattensen
Zeitnehmer Bahn 5	Heike Rozek	TWG 1861 Göttingen
Zeitnehmer Bahn 6	Daniela Globke	SGS Hannover
Zeitnehmer Bahn 7	Kathrin Phielpeit	Celler Schwimm-Club e.V.
Zeitnehmer Bahn 8	Stephanie Bolz	VfL Osnabrück
Reserve-Zeitnehmer	Nadine Cohrs	TV Jahn Schneverdingen

Wendegericht

Position	Name	Verein
Wenderichter-Obmann und Bahn 1	Emel Abu-Mugheisib	SSG Braunschweig
Wenderichter Bahn 2	Tatjana Burrichter	Wardenburger SC
Wenderichter Bahn 3	Katja Werner	SG RethenSarstedt
Wenderichter Bahn 4	Diana Welz	VfV Hildesheim
Wenderichter Bahn 5	Riekje Lauf	Schwimm-Club Seevetal
Wenderichter Bahn 6	Stefan Obst	SV Nienhagen 1928
Wenderichter Bahn 7	Anke Hermeling	SV Wasserfreunde Dalum
Wenderichter Bahn 8	Katharina Wolff	TSG 07 Burg Grefesch

Wettkampffolge für Abschnitt 1

Wettkampf 201 - 400m Freistil weiblich (SMK 2011-2012)
 Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)
 Wettkampf 1 - 400m Freistil weiblich
 Wettkampf 2 - 400m Freistil männlich
 Wettkampf 3 - 50m Brust weiblich
 Wettkampf 4 - 50m Brust männlich
 Wettkampf 205 - 200m Schmetterling weiblich (SMK 2011-2012)
 Wettkampf 206 - 200m Schmetterling männlich (SMK 2011-2012)
 Wettkampf 5 - 200m Schmetterling weiblich
 Wettkampf 6 - 200m Schmetterling männlich
 Wettkampf 207 - 200m Rücken weiblich (SMK 2011-2012)
 Wettkampf 208 - 200m Rücken männlich (SMK 2011-2012)
 Wettkampf 7 - 200m Rücken weiblich
 Wettkampf 8 - 200m Rücken männlich
 Wettkampf 209 - 50m K-Beine weiblich (SMK 2011-2012)
 Wettkampf 210 - 50m K-Beine männlich (SMK 2011-2012)

Wettkampf 201 - 400m Freistil weiblich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Caroline Back	2011	Celler Schwimm-Club e.V.	05:12,49	433
	50m: 00:34,88 (00:34,88) 100m: 01:13,71 (00:38,83) 150m: 01:53,28 (00:39,57) 200m: 02:32,94 (00:39,66) 250m: 03:13,29 (00:40,35) 300m: 03:53,62 (00:40,33) 350m: 04:34,12 (00:40,50) 400m: 05:12,49 (00:38,37)				
	Carla Bredemeier	2011	Wardenburger SC	05:14,39	425
	50m: 00:34,39 (00:34,39) 100m: 01:14,18 (00:39,79) 150m: 01:53,42 (00:39,24) 200m: 02:34,55 (00:41,13) 250m: 03:14,47 (00:39,92) 300m: 03:55,45 (00:40,98) 350m: 04:35,68 (00:40,23) 400m: 05:14,39 (00:38,71)				
	Maja Junia Döppner	2011	SSG Braunschweig	05:17,28	413
	50m: 00:36,17 (00:36,17) 100m: 01:17,21 (00:41,04) 150m: 01:58,02 (00:40,81) 200m: 02:38,02 (00:40,00) 250m: 03:19,45 (00:41,43) 300m: 04:00,27 (00:40,82) 350m: 04:40,30 (00:40,03) 400m: 05:17,28 (00:36,98)				
	Jana Frickel	2011	WSG Wunstorf	05:18,04	410
	50m: 00:34,26 (00:34,26) 100m: 01:12,77 (00:38,51) 150m: 01:52,71 (00:39,94) 200m: 02:33,85 (00:41,14) 250m: 03:14,47 (00:40,62) 300m: 03:56,63 (00:42,16) 350m: 04:38,23 (00:41,60) 400m: 05:18,04 (00:39,81)				
	Julia Seidler	2011	TSV Pattensen	05:24,03	388
	50m: 00:35,25 (00:35,25) 100m: 01:17,55 (00:42,30) 150m: 01:59,21 (00:41,66) 200m: 02:42,11 (00:42,90) 250m: 03:22,68 (00:40,57) 300m: 04:04,70 (00:42,02) 350m: 04:44,76 (00:40,06) 400m: 05:24,03 (00:39,27)				
	Maila Lüders	2011	Celler Schwimm-Club e.V.	05:27,42	376
	50m: 00:33,68 (00:33,68) 100m: 01:13,64 (00:39,96) 150m: 01:55,91 (00:42,27) 200m: 02:38,41 (00:42,50) 250m: 03:21,47 (00:43,06) 300m: 04:03,80 (00:42,33) 350m: 04:46,75 (00:42,95) 400m: 05:27,42 (00:40,67)				
	Jule Daweke	2011	VfL Osnabrück	05:28,06	374
	50m: 00:35,29 (00:35,29) 100m: 01:16,86 (00:41,57) 150m: 01:59,37 (00:42,51) 200m: 02:41,86 (00:42,49) 250m: 03:24,18 (00:42,32) 300m: 04:06,78 (00:42,60) 350m: 04:48,92 (00:42,14) 400m: 05:28,06 (00:39,14)				
	Lotta-Marie Maßmann	2011	VfL Osnabrück	05:30,94	364
	50m: 00:37,63 (00:37,63) 100m: 01:19,78 (00:42,15) 150m: 02:02,39 (00:42,61) 200m: 02:45,02 (00:42,63) 250m: 03:26,90 (00:41,88) 300m: 04:10,20 (00:43,30) 350m: 04:51,37 (00:41,17) 400m: 05:30,94 (00:39,57)				
	Mathea Meyer	2011	ASC Göttingen von 1846 e.V.	05:37,89	342
	50m: 00:37,92 (00:37,92) 100m: 01:20,45 (00:42,53) 150m: 02:04,01 (00:43,56) 200m: 02:46,82 (00:42,81) 250m: 03:30,34 (00:43,52) 300m: 04:14,16 (00:43,82) 350m: 04:58,25 (00:44,09) 400m: 05:37,89 (00:39,64)				
	Zarah Podlogar	2011	Wardenburger SC	05:38,02	342
	50m: 00:35,97 (00:35,97) 100m: 01:17,93 (00:41,96) 150m: 02:01,35 (00:43,42) 200m: 02:43,79 (00:42,44) 250m: 03:28,55 (00:44,76) 300m: 04:11,33 (00:42,78) 350m: 04:56,49 (00:45,16) 400m: 05:38,02 (00:41,53)				
	Sophia Surmann	2011	Wardenburger SC	05:38,37	341
	50m: 00:37,83 (00:37,83) 100m: 01:20,90 (00:43,07) 150m: 02:04,41 (00:43,51) 200m: 02:48,25 (00:43,84) 250m: 03:32,58 (00:44,33) 300m: 04:15,86 (00:43,28) 350m: 04:58,50 (00:42,64) 400m: 05:38,37 (00:39,87)				

noch Wettkampf 201 - 400m Freistil weiblich (SMK 2011-2012)

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Noelia Krampen	2011	SGS Barsinghausen	05:42,01	330
	50m: 00:35,43 (00:35,43) 100m: 01:16,27 (00:40,84) 150m: 01:59,84 (00:43,57) 200m: 02:43,69 (00:43,85) 250m: 03:29,03 (00:45,34) 300m: 04:14,33 (00:45,30) 350m: 04:59,82 (00:45,49) 400m: 05:42,01 (00:42,19)				
	Luise Suchantke	2011	VfV Hildesheim	05:43,93	324
	50m: 00:38,54 (00:38,54) 100m: 01:21,89 (00:43,35) 150m: 02:06,05 (00:44,16) 200m: 02:50,36 (00:44,31) 250m: 03:34,83 (00:44,47) 300m: 04:19,79 (00:44,96) 350m: 05:04,37 (00:44,58) 400m: 05:43,93 (00:39,56)				
	Hermine Hemme	2011	TV Meppen	05:44,29	323
	50m: 00:38,58 (00:38,58) 100m: 01:22,15 (00:43,57) 150m: 02:07,06 (00:44,91) 200m: 02:51,42 (00:44,36) 250m: 03:36,37 (00:44,95) 300m: 04:22,17 (00:45,80) 350m: 05:05,07 (00:42,90) 400m: 05:44,29 (00:39,22)				
	Marissa Röttger	2011	MTV Goslar	05:44,97	322
	50m: 00:37,46 (00:37,46) 100m: 01:20,79 (00:43,33) 150m: 02:03,29 (00:42,50) 200m: 02:47,49 (00:44,20) 250m: 03:31,82 (00:44,33) 300m: 04:17,56 (00:45,74) 350m: 05:02,68 (00:45,12) 400m: 05:44,97 (00:42,29)				
	Neva Mielke	2011	ASC Göttingen von 1846 e.V.	05:45,32	321
	50m: 00:36,87 (00:36,87) 100m: 01:18,54 (00:41,67) 150m: 02:02,30 (00:43,76) 200m: 02:46,76 (00:44,46) 250m: 03:31,41 (00:44,65) 300m: 04:16,37 (00:44,96) 350m: 05:01,95 (00:45,58) 400m: 05:45,32 (00:43,37)				
	Gesine Marie Brase	2011	TWG 1861 Göttingen	05:55,82	293
	50m: 00:39,44 (00:39,44) 100m: 01:24,07 (00:44,63) 150m: 02:09,80 (00:45,73) 200m: 02:55,95 (00:46,15) 250m: 03:42,61 (00:46,66) 300m: 04:28,85 (00:46,24) 350m: 05:13,35 (00:44,50) 400m: 05:55,82 (00:42,47)				
	Carlotta Hohmann	2011	SGS Hannover	06:08,54	264
	50m: 00:38,18 (00:38,18) 100m: 01:22,41 (00:44,23) 200m: 02:57,59 (01:35,18) 300m: 04:33,90 (01:36,31) 400m: 06:08,54 (01:34,64)				
	Mariella Günther	2011	MTV Goslar	06:13,50	253
	50m: 00:39,18 (00:39,18) 100m: 01:26,15 (00:46,97) 150m: 02:14,97 (00:48,82) 200m: 03:03,30 (00:48,33) 250m: 03:52,44 (00:49,14) 300m: 04:40,72 (00:48,28) 350m: 05:28,73 (00:48,01) 400m: 06:13,50 (00:44,77)				
	Hannah Weiß	2011	TSV Pattensen	06:22,40	236
	50m: 00:40,17 (00:40,17) 100m: 01:26,36 (00:46,19) 150m: 02:15,14 (00:48,78) 200m: 03:04,34 (00:49,20) 250m: 03:54,46 (00:50,12) 300m: 04:44,38 (00:49,92) 350m: 05:34,15 (00:49,77) 400m: 06:22,40 (00:48,25)				
	Wendi Xu	2011	ASC Göttingen von 1846 e.V.	06:25,30	231
	50m: 00:38,74 (00:38,74) 100m: 01:24,73 (00:45,99) 150m: 02:12,84 (00:48,11) 200m: 03:02,59 (00:49,75) 250m: 03:54,10 (00:51,51) 300m: 04:44,92 (00:50,82) 350m: 05:35,96 (00:51,04) 400m: 06:25,30 (00:49,34)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Josefine Klein	2012	SV Burgwedel	05:41,77	331
	50m: 00:39,51 (00:39,51) 100m: 01:22,46 (00:42,95) 150m: 02:06,19 (00:43,73) 200m: 02:49,74 (00:43,55) 250m: 03:34,00 (00:44,26) 300m: 04:18,35 (00:44,35) 350m: 05:02,02 (00:43,67) 400m: 05:41,77 (00:39,75)				
	Nele Habig	2012	MTV Goslar	05:49,72	309
	50m: 00:38,67 (00:38,67) 100m: 01:23,67 (00:45,00) 150m: 02:08,70 (00:45,03) 200m: 02:54,11 (00:45,41) 250m: 03:39,17 (00:45,06) 300m: 04:23,57 (00:44,40) 350m: 05:07,61 (00:44,04) 400m: 05:49,72 (00:42,11)				
	Monika Yu	2012	TuS 1849 Clausthal-Zellerfeld	05:50,10	308
	50m: 00:39,07 (00:39,07) 100m: 01:23,11 (00:44,04) 150m: 02:08,99 (00:45,88) 200m: 02:55,30 (00:46,31) 250m: 03:39,63 (00:44,33) 300m: 04:24,46 (00:44,83) 350m: 05:09,33 (00:44,87) 400m: 05:50,10 (00:40,77)				
	Carina Riedel	2012	SSG Nord-Calenberg	05:51,33	304
	50m: 00:38,68 (00:38,68) 100m: 01:22,73 (00:44,05) 150m: 02:07,33 (00:44,60) 200m: 02:52,40 (00:45,07) 250m: 03:36,98 (00:44,58) 300m: 04:22,89 (00:45,91) 350m: 05:07,73 (00:44,84) 400m: 05:51,33 (00:43,60)				
	Ronja Langowicz	2012	VfV Hildesheim	05:54,29	297
	50m: 00:37,77 (00:37,77) 100m: 01:23,16 (00:45,39) 150m: 02:08,16 (00:45,00) 200m: 02:54,32 (00:46,16) 250m: 03:39,55 (00:45,23) 300m: 04:26,18 (00:46,63) 350m: 05:12,37 (00:46,19) 400m: 05:54,29 (00:41,92)				

noch Wettkampf 201 - 400m Freistil weiblich (SMK 2011-2012)**noch Jahrgang 2012**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Amelie Sophie Buss	2012	SC Altwarmbüchen	05:58,57	286
	50m: 00:40,50 (00:40,50) 100m: 01:26,43 (00:45,93) 150m: 02:11,94 (00:45,51) 200m: 02:58,76 (00:46,82) 250m: 03:44,20 (00:45,44) 300m: 04:30,74 (00:46,54) 350m: 05:14,95 (00:44,21) 400m: 05:58,57 (00:43,62)				
	Marlene Knoop	2012	MTV Goslar	06:01,73	279
	50m: 00:38,79 (00:38,79) 100m: 01:24,36 (00:45,57) 150m: 02:10,48 (00:46,12) 200m: 02:57,00 (00:46,52) 250m: 03:42,92 (00:45,92) 300m: 04:29,95 (00:47,03) 350m: 05:17,08 (00:47,13) 400m: 06:01,73 (00:44,65)				
	Emma Klöber	2012	SGS Barsinghausen	06:02,46	277
	50m: 00:38,30 (00:38,30) 100m: 01:23,22 (00:44,92) 150m: 02:10,11 (00:46,89) 200m: 02:57,67 (00:47,56) 250m: 03:44,57 (00:46,90) 300m: 04:33,12 (00:48,55) 350m: 05:18,23 (00:45,11) 400m: 06:02,46 (00:44,23)				
	Jana Luise Papstein	2012	MTV Goslar	06:03,66	274
	50m: 00:39,02 (00:39,02) 100m: 01:23,23 (00:44,21) 150m: 02:09,79 (00:46,56) 200m: 02:57,32 (00:47,53) 250m: 03:45,61 (00:48,29) 300m: 04:32,85 (00:47,24) 350m: 05:19,36 (00:46,51) 400m: 06:03,66 (00:44,30)				
	Marie Wolff	2012	TSG 07 Burg Grefesch	06:08,70	263
	50m: 00:38,63 (00:38,63) 100m: 01:22,53 (00:43,90) 150m: 02:10,24 (00:47,71) 200m: 02:58,31 (00:48,07) 250m: 03:45,89 (00:47,58) 300m: 04:34,35 (00:48,46) 350m: 05:22,37 (00:48,02) 400m: 06:08,70 (00:46,33)				
	Ella Oeßel	2012	Eintracht Hildesheim	06:08,72	263
	50m: 00:37,82 (00:37,82) 100m: 01:22,81 (00:44,99) 150m: 02:09,86 (00:47,05) 200m: 02:55,90 (00:46,04) 250m: 03:46,62 (00:50,72) 300m: 04:34,66 (00:48,04) 350m: 05:24,34 (00:49,68) 400m: 06:08,72 (00:44,38)				
	Melina Busse	2012	Celler Schwimm-Club e.V.	06:09,76	261
	50m: 00:40,13 (00:40,13) 100m: 01:25,14 (00:45,01) 150m: 02:13,86 (00:48,72) 200m: 03:01,50 (00:47,64) 250m: 03:49,85 (00:48,35) 300m: 04:37,78 (00:47,93) 350m: 05:26,03 (00:48,25) 400m: 06:09,76 (00:43,73)				
	Elva Krauß	2012	SV Nienhagen 1928	06:15,56	249
	50m: 00:39,14 (00:39,14) 100m: 01:25,28 (00:46,14) 150m: 02:13,34 (00:48,06) 200m: 03:02,02 (00:48,68) 250m: 03:51,45 (00:49,43) 300m: 04:40,44 (00:48,99) 350m: 05:28,84 (00:48,40) 400m: 06:15,56 (00:46,72)				
	Nieke Bluhm	2012	SG Syke / Barrien	06:19,61	241
	50m: 00:40,53 (00:40,53) 100m: 01:27,67 (00:47,14) 150m: 02:16,64 (00:48,97) 200m: 03:07,00 (00:50,36) 250m: 03:56,16 (00:49,16) 300m: 04:46,86 (00:50,70) 350m: 05:36,36 (00:49,50) 400m: 06:19,61 (00:43,25)				
	Liv Großmann	2012	SGS Hannover	06:26,90	228
	50m: 00:42,08 (00:42,08) 100m: 01:30,85 (00:48,77) 150m: 02:20,66 (00:49,81) 200m: 03:10,69 (00:50,03) 250m: 04:03,04 (00:52,35) 300m: 04:53,31 (00:50,27) 350m: 05:41,61 (00:48,30) 400m: 06:26,90 (00:45,29)				
	Leni Victoria Kilper	2012	SSG Braunschweig	06:28,56	225
	50m: 00:42,28 (00:42,28) 100m: 01:30,75 (00:48,47) 150m: 02:20,13 (00:49,38) 200m: 03:10,93 (00:50,80) 250m: 04:02,39 (00:51,46) 300m: 04:53,93 (00:51,54) 350m: 05:42,06 (00:48,13) 400m: 06:28,56 (00:46,50)				
	Marie Spangenberg	2012	TSV Pattensen	06:34,88	214
	50m: 00:41,81 (00:41,81) 100m: 01:30,89 (00:49,08) 150m: 02:21,73 (00:50,84) 200m: 03:13,01 (00:51,28) 250m: 04:04,69 (00:51,68) 300m: 04:56,25 (00:51,56) 350m: 05:45,27 (00:49,02) 400m: 06:34,88 (00:49,61)				
	Diana Sievers	2012	TSV Pattensen	06:35,92	213
	50m: 00:43,92 (00:43,92) 100m: 01:33,15 (00:49,23) 150m: 02:24,84 (00:51,69) 200m: 03:16,02 (00:51,18) 250m: 04:07,24 (00:51,22) 300m: 04:57,83 (00:50,59) 350m: 05:49,00 (00:51,17) 400m: 06:35,92 (00:46,92)				
	Meike Spangenberg	2012	TSV Pattensen	06:46,39	196
	50m: 00:43,83 (00:43,83) 100m: 01:35,02 (00:51,19) 150m: 02:27,72 (00:52,70) 200m: 03:21,68 (00:53,96) 250m: 04:14,00 (00:52,32) 300m: 05:07,48 (00:53,48) 350m: 05:59,21 (00:51,73) 400m: 06:46,39 (00:47,18)				
	Elina Unruh	2012	Landesschwimmverband Niedersachsen	06:47,61	195
	50m: 00:43,82 (00:43,82) 100m: 01:34,80 (00:50,98) 150m: 02:27,10 (00:52,30) 200m: 03:19,69 (00:52,59) 250m: 04:12,83 (00:53,14) 300m: 05:05,05 (00:52,22) 350m: 05:58,81 (00:53,76) 400m: 06:47,61 (00:48,80)				
	Anela Ahlers	2012	TSV Pattensen	06:53,50	187
	50m: 00:43,43 (00:43,43) 100m: 01:33,76 (00:50,33) 150m: 02:27,65 (00:53,89) 200m: 03:22,38 (00:54,73) 250m: 04:17,52 (00:55,14) 300m: 05:12,32 (00:54,80) 350m: 06:06,34 (00:54,02) 400m: 06:53,50 (00:47,16)				

noch Wettkampf 201 - 400m Freistil weiblich (SMK 2011-2012)

noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Lydia Behrens	2012	TWG 1861 Göttingen	06:55,66	184
	50m: 00:44,26 (00:44,26) 100m: 01:34,45 (00:50,19) 150m: 02:27,79 (00:53,34) 200m: 03:23,34 (00:55,55) 250m: 04:19,42 (00:56,08) 350m: 06:07,68 (01:48,26) 400m: 06:55,66 (00:47,98)				
	Ida Flemming	2012	SGS Langenhagen	06:55,84	183
	50m: 00:44,03 (00:44,03) 100m: 01:34,98 (00:50,95) 150m: 02:28,53 (00:53,55) 200m: 03:21,04 (00:52,51) 300m: 05:10,79 (01:49,75) 350m: 06:05,78 (00:54,99) 400m: 06:55,84 (00:50,06)				
	Ida Mende	2012	SSG Braunschweig	06:56,49	183
	50m: 00:44,20 (00:44,20) 100m: 01:36,47 (00:52,27) 150m: 02:29,25 (00:52,78) 200m: 03:22,98 (00:53,73) 250m: 04:17,83 (00:54,85) 300m: 05:12,96 (00:55,13) 350m: 06:06,45 (00:53,49) 400m: 06:56,49 (00:50,04)				
	<u>abgemeldet</u>				
	Isabella Janitzki	2012	MTV Goslar		

Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Leo Andrzhhevskii	2011	SGS Hannover	05:06,56	369
	50m: 00:32,96 (00:32,96) 100m: 01:10,64 (00:37,68) 150m: 01:49,73 (00:39,09) 200m: 02:29,50 (00:39,77) 250m: 03:09,52 (00:40,02) 300m: 03:49,74 (00:40,22) 350m: 04:29,09 (00:39,35) 400m: 05:06,56 (00:37,47)				
	Noah John	2011	VfV Hildesheim	05:16,09	337
	50m: 00:35,09 (00:35,09) 100m: 01:13,99 (00:38,90) 150m: 01:54,43 (00:40,44) 200m: 02:35,19 (00:40,76) 250m: 03:16,18 (00:40,99) 300m: 03:57,02 (00:40,84) 350m: 04:37,77 (00:40,75) 400m: 05:16,09 (00:38,32)				
	Yannick Jung	2011	SSG Braunschweig	05:22,88	316
	50m: 00:34,86 (00:34,86) 100m: 01:14,68 (00:39,82) 150m: 01:55,34 (00:40,66) 200m: 02:36,91 (00:41,57) 250m: 03:20,27 (00:43,36) 300m: 04:02,95 (00:42,68) 350m: 04:45,06 (00:42,11) 400m: 05:22,88 (00:37,82)				
	Timo Wentland	2011	SSG Braunschweig	05:25,39	309
	50m: 00:31,17 (00:31,17) 100m: 01:08,20 (00:37,03) 150m: 01:49,34 (00:41,14) 200m: 02:32,32 (00:42,98) 250m: 03:16,30 (00:43,98) 300m: 03:59,88 (00:43,58) 350m: 04:43,44 (00:43,56) 400m: 05:25,39 (00:41,95)				
	Jesper Kappertz	2011	VfV Hildesheim	05:30,03	296
	50m: 00:36,50 (00:36,50) 100m: 01:18,18 (00:41,68) 150m: 02:01,58 (00:43,40) 200m: 02:44,05 (00:42,47) 250m: 03:26,09 (00:42,04) 300m: 04:08,73 (00:42,64) 350m: 04:51,08 (00:42,35) 400m: 05:30,03 (00:38,95)				
	Adam Haji	2011	ATS Cuxhaven	05:39,68	271
	50m: 00:36,37 (00:36,37) 100m: 01:18,86 (00:42,49) 150m: 02:01,76 (00:42,90) 200m: 02:45,44 (00:43,68) 250m: 03:30,13 (00:44,69) 300m: 04:14,93 (00:44,80) 350m: 04:59,08 (00:44,15) 400m: 05:39,68 (00:40,60)				
	Sven Jonathan Rathmann	2011	SSG Braunschweig	05:54,90	238
	50m: 00:38,75 (00:38,75) 100m: 01:22,14 (00:43,39) 150m: 02:08,10 (00:45,96) 200m: 02:53,85 (00:45,75) 250m: 03:39,92 (00:46,07) 300m: 04:26,93 (00:47,01) 350m: 05:12,92 (00:45,99) 400m: 05:54,90 (00:41,98)				
	Brian Kraft	2011	SSG Braunschweig	06:11,45	207
	50m: 00:39,07 (00:39,07) 100m: 01:24,33 (00:45,26) 150m: 02:11,97 (00:47,64) 200m: 03:01,32 (00:49,35) 250m: 03:50,26 (00:48,94) 300m: 04:39,45 (00:49,19) 350m: 05:28,65 (00:49,20) 400m: 06:11,45 (00:42,80)				
	Jannik Ahrens	2011	Celler Schwimm-Club e.V.	06:19,94	194
	50m: 00:41,20 (00:41,20) 100m: 01:29,20 (00:48,00) 150m: 02:18,12 (00:48,92) 200m: 03:08,66 (00:50,54) 250m: 03:58,14 (00:49,48) 300m: 04:49,14 (00:51,00) 350m: 05:37,55 (00:48,41) 400m: 06:19,94 (00:42,39)				
	Julian Crull	2011	TSV Wietze	06:20,44	193
	50m: 00:39,50 (00:39,50) 100m: 01:26,08 (00:46,58) 150m: 02:14,06 (00:47,98) 200m: 03:03,84 (00:49,78) 250m: 03:54,41 (00:50,57) 300m: 04:45,52 (00:51,11) 350m: 05:35,08 (00:49,56) 400m: 06:20,44 (00:45,36)				
	Leonard Nowacki	2011	TSV Adendorf 1923	06:41,11	165
	50m: 00:39,97 (00:39,97) 100m: 01:28,38 (00:48,41) 150m: 02:20,34 (00:51,96) 200m: 03:13,32 (00:52,98) 250m: 04:06,69 (00:53,37) 300m: 04:59,56 (00:52,87) 350m: 05:52,21 (00:52,65) 400m: 06:41,11 (00:48,90)				

noch Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	<u>abgemeldet</u>				
	Benedikt Frommer	2011	Celler Schwimm-Club e.V.		
	Benjamin Funke	2011	Celler Schwimm-Club e.V.		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	05:20,79	322
	50m: 00:35,11 (00:35,11) 100m: 01:14,74 (00:39,63) 150m: 01:55,29 (00:40,55) 200m: 02:35,88 (00:40,59) 250m: 03:16,84 (00:40,96) 300m: 03:58,26 (00:41,42) 350m: 04:39,12 (00:40,86) 400m: 05:20,79 (00:41,67)				
	Kjell Ahlers	2012	Wardenburger SC	05:33,14	288
	50m: 00:35,18 (00:35,18) 100m: 01:15,19 (00:40,01) 150m: 01:57,19 (00:42,00) 200m: 02:39,96 (00:42,77) 250m: 03:22,72 (00:42,76) 300m: 04:06,94 (00:44,22) 350m: 04:50,25 (00:43,31) 400m: 05:33,14 (00:42,89)				
	Lukas Winter	2012	SSG Braunschweig	05:36,69	279
	50m: 00:35,28 (00:35,28) 100m: 01:17,21 (00:41,93) 150m: 02:00,49 (00:43,28) 200m: 02:43,53 (00:43,04) 250m: 03:27,15 (00:43,62) 300m: 04:10,91 (00:43,76) 350m: 04:54,14 (00:43,23) 400m: 05:36,69 (00:42,55)				
	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	05:41,58	267
	50m: 00:36,95 (00:36,95) 100m: 01:19,84 (00:42,89) 150m: 02:03,42 (00:43,58) 200m: 02:47,27 (00:43,85) 250m: 03:31,72 (00:44,45) 300m: 04:15,30 (00:43,58) 350m: 05:00,60 (00:45,30) 400m: 05:41,58 (00:40,98)				
	Simon Dannenberg	2012	SGS Hannover	05:42,50	265
	50m: 00:36,65 (00:36,65) 100m: 01:20,61 (00:43,96) 150m: 02:05,14 (00:44,53) 200m: 02:49,27 (00:44,13) 250m: 03:32,85 (00:43,58) 300m: 04:16,87 (00:44,02) 350m: 05:00,74 (00:43,87) 400m: 05:42,50 (00:41,76)				
	Floyd Düker	2012	Wardenburger SC	05:43,81	262
	50m: 00:35,81 (00:35,81) 100m: 01:17,05 (00:41,24) 150m: 02:00,75 (00:43,70) 200m: 02:44,18 (00:43,43) 250m: 03:29,75 (00:45,57) 300m: 04:14,58 (00:44,83) 350m: 05:00,61 (00:46,03) 400m: 05:43,81 (00:43,20)				
	Conrad Vollmer	2012	SSG Braunschweig	05:46,10	257
	50m: 00:36,09 (00:36,09) 100m: 01:18,60 (00:42,51) 150m: 02:04,09 (00:45,49) 200m: 02:49,20 (00:45,11) 250m: 03:33,95 (00:44,75) 300m: 04:18,88 (00:44,93) 350m: 05:04,41 (00:45,53) 400m: 05:46,10 (00:41,69)				
	Yehor Byba	2012	MTV Goslar	05:49,66	249
	50m: 00:37,15 (00:37,15) 100m: 01:20,89 (00:43,74) 150m: 02:06,69 (00:45,80) 200m: 02:52,45 (00:45,76) 250m: 03:38,21 (00:45,76) 300m: 04:24,15 (00:45,94) 350m: 05:08,23 (00:44,08) 400m: 05:49,66 (00:41,43)				
	Carl-Johan Kreibohm	2012	MTV Goslar	05:56,51	235
	50m: 00:39,50 (00:39,50) 100m: 01:23,34 (00:43,84) 150m: 02:08,26 (00:44,92) 200m: 02:54,16 (00:45,90) 250m: 03:40,74 (00:46,58) 300m: 04:27,47 (00:46,73) 350m: 05:13,74 (00:46,27) 400m: 05:56,51 (00:42,77)				
	Friedrich Dammeyer	2012	SSG Braunschweig	05:57,91	232
	50m: 00:38,61 (00:38,61) 100m: 01:22,04 (00:43,43) 150m: 02:08,16 (00:46,12) 200m: 02:53,81 (00:45,65) 250m: 03:40,82 (00:47,01) 300m: 04:27,29 (00:46,47) 350m: 05:14,18 (00:46,89) 400m: 05:57,91 (00:43,73)				
	Kjell Mühe	2012	Eintracht Hildesheim	05:59,17	230
	50m: 00:37,84 (00:37,84) 100m: 01:22,74 (00:44,90) 150m: 02:09,78 (00:47,04) 200m: 02:56,30 (00:46,52) 250m: 03:43,81 (00:47,51) 300m: 04:29,40 (00:45,59) 350m: 05:15,63 (00:46,23) 400m: 05:59,17 (00:43,54)				
	Lasse Palle Phielpeit	2012	Celler Schwimm-Club e.V.	06:12,74	205
	50m: 00:39,38 (00:39,38) 100m: 01:26,52 (00:47,14) 150m: 02:14,54 (00:48,02) 200m: 03:03,58 (00:49,04) 250m: 03:53,36 (00:49,78) 300m: 04:42,72 (00:49,36) 400m: 06:12,74 (01:30,02)				
	Tim Liam Schönemann	2012	SV Nienhagen 1928	06:18,01	197
	50m: 00:40,90 (00:40,90) 100m: 01:28,11 (00:47,21) 150m: 02:16,90 (00:48,79) 200m: 03:05,69 (00:48,79) 250m: 03:55,48 (00:49,79) 300m: 04:44,76 (00:49,28) 350m: 05:33,69 (00:48,93) 400m: 06:18,01 (00:44,32)				
	Alexej Zoller	2012	Polizei SV Oldenburg	06:32,17	176
	50m: 00:41,04 (00:41,04) 100m: 01:30,70 (00:49,66) 150m: 02:21,96 (00:51,26) 200m: 03:14,20 (00:52,24) 250m: 04:05,48 (00:51,28) 300m: 04:57,58 (00:52,10) 350m: 05:48,00 (00:50,42) 400m: 06:32,17 (00:44,17)				

noch Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)

noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Michael Hering	2012	Polizei SV Oldenburg	06:42,60	163
	50m: 00:42,91 (00:42,91) 100m: 01:35,65 (00:52,74) 200m: 03:20,63 (01:44,98) 250m: 04:12,33 (00:51,70) 300m: 05:05,18 (00:52,85) 350m: 05:57,83 (00:52,65) 400m: 06:42,60 (00:44,77)				
	<u>abgemeldet</u>				
	Jonas Hohmeier	2012	TWG 1861 Göttingen		

Wettkampf 1 - 400m Freistil weiblich

Pflichtzeiten

2013: 08:00,00 2012: 07:20,00 2011: 07:00,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Hannah Ellermann	2011	TSG 07 Burg Gretesch	05:49,88
	50m: 00:36,33 (00:36,33) 100m: 01:17,31 (00:40,98) 150m: 02:01,93 (00:44,62) 200m: 02:47,57 (00:45,64) 250m: 03:33,56 (00:45,99) 300m: 04:19,63 (00:46,07) 350m: 05:05,36 (00:45,73) 400m: 05:49,88 (00:44,52)			
	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	05:55,74
	50m: 00:38,04 (00:38,04) 100m: 01:22,36 (00:44,32) 150m: 02:08,57 (00:46,21) 200m: 02:54,78 (00:46,21) 250m: 03:41,99 (00:47,21) 300m: 04:27,67 (00:45,68) 350m: 05:13,40 (00:45,73) 400m: 05:55,74 (00:42,34)			
	Jette Hermeling	2011	SV Wasserfreunde Dalum	05:57,40
	50m: 00:38,33 (00:38,33) 100m: 01:21,62 (00:43,29) 150m: 02:06,90 (00:45,28) 200m: 02:53,09 (00:46,19) 250m: 03:39,15 (00:46,06) 300m: 04:26,40 (00:47,25) 350m: 05:12,91 (00:46,51) 400m: 05:57,40 (00:44,49)			
	Maya Fischmann	2011	SGS Barsinghausen	06:01,11
	50m: 00:38,32 (00:38,32) 100m: 01:22,96 (00:44,64) 150m: 02:08,73 (00:45,77) 200m: 02:55,51 (00:46,78) 250m: 03:42,83 (00:47,32) 300m: 04:30,09 (00:47,26) 350m: 05:16,87 (00:46,78) 400m: 06:01,11 (00:44,24)			
	Julia Thamer	2011	SV Nordenham	06:01,66
	50m: 00:38,10 (00:38,10) 100m: 01:22,31 (00:44,21) 150m: 02:09,11 (00:46,80) 200m: 02:56,80 (00:47,69) 250m: 03:43,91 (00:47,11) 300m: 04:30,76 (00:46,85) 350m: 05:17,98 (00:47,22) 400m: 06:01,66 (00:43,68)			
	Mara Schmidt	2011	SGS Langenhagen	06:05,74
	50m: 00:38,34 (00:38,34) 100m: 01:22,78 (00:44,44) 150m: 02:10,00 (00:47,22) 200m: 02:57,52 (00:47,52) 250m: 03:45,45 (00:47,93) 300m: 04:33,42 (00:47,97) 350m: 05:20,79 (00:47,37) 400m: 06:05,74 (00:44,95)			
	Emma Nickel	2011	TUS Wagenfeld	06:18,43
	50m: 00:39,89 (00:39,89) 100m: 01:24,90 (00:45,01) 150m: 02:13,08 (00:48,18) 200m: 03:03,42 (00:50,34) 250m: 03:54,30 (00:50,88) 300m: 04:44,61 (00:50,31) 350m: 05:31,64 (00:47,03) 400m: 06:18,43 (00:46,79)			
	Ina Sophie Raiser	2011	ASC Göttingen von 1846 e.V.	06:31,79
	50m: 00:41,97 (00:41,97) 100m: 01:31,45 (00:49,48) 150m: 02:22,05 (00:50,60) 200m: 03:14,33 (00:52,28) 300m: 04:57,37 (01:43,04) 350m: 05:48,79 (00:51,42) 400m: 06:31,79 (00:43,00)			
	Caroline Fischer	2011	MTV Dannenberg 1863	06:34,26
	50m: 00:38,75 (00:38,75) 100m: 01:24,72 (00:45,97) 150m: 02:13,82 (00:49,10) 200m: 03:06,23 (00:52,41) 250m: 03:57,75 (00:51,52) 300m: 04:52,10 (00:54,35) 400m: 06:34,26 (01:42,16)			
	Lene Bolte	2011	WSG Wunstorf	06:39,34
	50m: 00:42,30 (00:42,30) 100m: 01:31,35 (00:49,05) 150m: 02:22,74 (00:51,39) 200m: 03:14,18 (00:51,44) 250m: 04:06,10 (00:51,92) 300m: 04:58,08 (00:51,98) 350m: 05:50,42 (00:52,34) 400m: 06:39,34 (00:48,92)			
	Emma Charlotte Thöldtau	2011	WSG Wunstorf	06:39,87
	50m: 00:40,24 (00:40,24) 100m: 01:27,67 (00:47,43) 150m: 02:18,66 (00:50,99) 200m: 03:10,47 (00:51,81) 250m: 04:03,73 (00:53,26) 300m: 04:57,65 (00:53,92) 350m: 05:51,07 (00:53,42) 400m: 06:39,87 (00:48,80)			
	Nina Rahmstorf	2011	ASC Göttingen von 1846 e.V.	06:40,75
	50m: 00:37,65 (00:37,65) 100m: 01:25,84 (00:48,19) 150m: 02:17,54 (00:51,70) 200m: 03:11,21 (00:53,67) 250m: 04:04,40 (00:53,19) 300m: 04:58,27 (00:53,87) 350m: 05:50,89 (00:52,62) 400m: 06:40,75 (00:49,86)			

noch Wettkampf 1 - 400m Freistil weiblich

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Esther Hauptmeier	2011	SGS Langenhagen	06:46,06
	50m: 00:41,65 (00:41,65) 100m: 01:30,76 (00:49,11) 150m: 02:22,26 (00:51,50) 200m: 03:14,51 (00:52,25) 250m: 04:08,23 (00:53,72) 300m: 05:03,54 (00:55,31) 350m: 05:54,70 (00:51,16) 400m: 06:46,06 (00:51,36)			
	<u>abgemeldet</u>			
	Eva Gurt	2011	TSV Otterndorf	

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Svea Güttler	2012	VfL Rastede	06:01,17
	50m: 00:39,76 (00:39,76) 100m: 01:25,35 (00:45,59) 150m: 02:11,15 (00:45,80) 200m: 02:57,83 (00:46,68) 250m: 03:45,22 (00:47,39) 300m: 04:32,40 (00:47,18) 350m: 05:19,07 (00:46,67) 400m: 06:01,17 (00:42,10)			
	Smilla Koriath	2012	Grafen Schwimmteam	06:12,37
	50m: 00:40,17 (00:40,17) 100m: 01:26,48 (00:46,31) 150m: 02:16,14 (00:49,66) 200m: 03:04,66 (00:48,52) 250m: 03:53,30 (00:48,64) 300m: 04:41,42 (00:48,12) 350m: 05:29,07 (00:47,65) 400m: 06:12,37 (00:43,30)			
	Clara Mathilda Bender	2012	SC Osnabrück 04	06:18,79
	50m: 00:39,44 (00:39,44) 100m: 01:25,18 (00:45,74) 150m: 02:13,72 (00:48,54) 200m: 03:03,15 (00:49,43) 250m: 03:52,81 (00:49,66) 300m: 04:43,93 (00:51,12) 350m: 05:33,95 (00:50,02) 400m: 06:18,79 (00:44,84)			
	Lea Enzensberger	2012	Delmenhorster SV 1905	06:21,49
	50m: 00:39,04 (00:39,04) 100m: 01:23,56 (00:44,52) 150m: 02:12,41 (00:48,85) 200m: 03:03,95 (00:51,54) 250m: 03:54,66 (00:50,71) 300m: 04:43,81 (00:49,15) 350m: 05:33,95 (00:50,14) 400m: 06:21,49 (00:47,54)			
	Sarah Froklage	2012	TSV Otterndorf	06:49,95
	50m: 00:40,53 (00:40,53) 100m: 01:31,52 (00:50,99) 150m: 02:24,27 (00:52,75) 200m: 03:17,71 (00:53,44) 250m: 04:10,46 (00:52,75) 300m: 05:03,89 (00:53,43) 350m: 05:57,58 (00:53,69) 400m: 06:49,95 (00:52,37)			
	Femke Chiara Böhmer	2012	VfL Rastede	06:53,46
	50m: 00:42,91 (00:42,91) 100m: 01:32,23 (00:49,32) 150m: 02:25,42 (00:53,19) 200m: 03:21,67 (00:56,25) 250m: 04:16,63 (00:54,96) 300m: 05:11,40 (00:54,77) 350m: 06:05,61 (00:54,21) 400m: 06:53,46 (00:47,85)			
	Cherine Rau	2012	TSV Otterndorf	06:54,36
	50m: 00:42,63 (00:42,63) 100m: 01:31,97 (00:49,34) 150m: 02:24,32 (00:52,35) 200m: 03:18,22 (00:53,90) 250m: 04:13,17 (00:54,95) 300m: 05:10,10 (00:56,93) 350m: 06:04,18 (00:54,08) 400m: 06:54,36 (00:50,18)			
	Ella Pauline Rozek	2012	TWG 1861 Göttingen	06:56,28
	50m: 00:44,81 (00:44,81) 100m: 01:38,90 (00:54,09) 150m: 02:32,86 (00:53,96) 200m: 03:28,78 (00:55,92) 250m: 04:24,86 (00:56,08) 300m: 05:19,13 (00:54,27) 350m: 06:09,93 (00:50,80) 400m: 06:56,28 (00:46,35)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Charlotta Bundkiel	2013	Polizei SV Oldenburg	06:20,21
	50m: 00:38,42 (00:38,42) 100m: 01:25,25 (00:46,83) 150m: 02:13,63 (00:48,38) 200m: 03:03,85 (00:50,22) 250m: 03:53,41 (00:49,56) 300m: 04:43,94 (00:50,53) 350m: 05:33,03 (00:49,09) 400m: 06:20,21 (00:47,18)			
	Johanna Obst	2013	SV Nienhagen 1928	06:40,87
	50m: 00:40,87 (00:40,87) 100m: 01:29,42 (00:48,55) 150m: 02:20,74 (00:51,32) 200m: 03:13,04 (00:52,30) 250m: 04:06,57 (00:53,53) 350m: 05:52,28 (01:45,71) 400m: 06:40,87 (00:48,59)			
	Nele Stein	2013	TV Jahn Schneverdingen	06:41,33
	50m: 00:42,82 (00:42,82) 100m: 01:32,52 (00:49,70) 150m: 02:24,54 (00:52,02) 200m: 03:18,03 (00:53,49) 250m: 04:08,78 (00:50,75) 300m: 05:02,32 (00:53,54) 350m: 05:52,41 (00:50,09) 400m: 06:41,33 (00:48,92)			
	Jule Girbig	2013	Eintracht Hildesheim	06:43,96
	50m: 00:43,81 (00:43,81) 100m: 01:35,49 (00:51,68) 150m: 02:28,37 (00:52,88) 200m: 03:19,79 (00:51,42) 250m: 04:11,93 (00:52,14) 300m: 05:04,70 (00:52,77) 350m: 05:55,77 (00:51,07) 400m: 06:43,96 (00:48,19)			

noch Wettkampf 1 - 400m Freistil weiblich

noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Jule Lemmermann	2013	Delmenhorster SV 1905	06:44,25
	50m: 00:43,33 (00:43,33) 100m: 01:35,51 (00:52,18) 150m: 02:28,25 (00:52,74) 200m: 03:20,25 (00:52,00) 250m: 04:13,29 (00:53,04) 300m: 05:06,41 (00:53,12) 350m: 05:57,13 (00:50,72) 400m: 06:44,25 (00:47,12)			
	Zane Josephina Seibt	2013	SG RethenSarstedt	06:48,91
	50m: 00:44,76 (00:44,76) 100m: 01:37,25 (00:52,49) 150m: 02:30,14 (00:52,89) 200m: 03:23,74 (00:53,60) 250m: 04:16,51 (00:52,77) 300m: 05:09,79 (00:53,28) 350m: 06:00,52 (00:50,73) 400m: 06:48,91 (00:48,39)			
	Carlie de Vries	2013	VfL Rastede	06:53,79
	50m: 00:43,48 (00:43,48) 100m: 01:32,60 (00:49,12) 150m: 02:25,07 (00:52,47) 200m: 03:18,15 (00:53,08) 250m: 04:12,17 (00:54,02) 300m: 05:07,11 (00:54,94) 350m: 06:02,22 (00:55,11) 400m: 06:53,79 (00:51,57)			
	Sophie Förster	2013	Oldenburger SV 1902	07:05,39
	50m: 00:42,88 (00:42,88) 100m: 01:38,96 (00:56,08) 150m: 02:33,58 (00:54,62) 200m: 03:29,00 (00:55,42) 250m: 04:25,01 (00:56,01) 300m: 05:20,42 (00:55,41) 400m: 07:05,39 (01:44,97)			
	Luise Mollenhauer	2013	SV Nienhagen 1928	07:05,90
	50m: 00:45,92 (00:45,92) 100m: 01:40,46 (00:54,54) 150m: 02:36,70 (00:56,24) 200m: 03:31,68 (00:54,98) 250m: 04:26,46 (00:54,78) 300m: 05:21,08 (00:54,62) 350m: 06:15,34 (00:54,26) 400m: 07:05,90 (00:50,56)			
	Jil Burrichter	2013	Wardenburger SC	07:07,38
	50m: 00:45,85 (00:45,85) 100m: 01:40,63 (00:54,78) 150m: 02:35,77 (00:55,14) 200m: 03:32,21 (00:56,44) 250m: 04:27,14 (00:54,93) 300m: 05:21,84 (00:54,70) 350m: 06:17,42 (00:55,58) 400m: 07:07,38 (00:49,96)			
	Pheline Cohrs	2013	TV Jahn Schneverdingen	07:08,94
	50m: 00:47,26 (00:47,26) 100m: 01:42,50 (00:55,24) 150m: 02:38,22 (00:55,72) 200m: 03:33,05 (00:54,83) 250m: 04:26,66 (00:53,61) 300m: 05:22,59 (00:55,93) 350m: 06:16,27 (00:53,68) 400m: 07:08,94 (00:52,67)			
	Saya Sterz	2013	TSV Wietze	07:15,48
	50m: 00:45,78 (00:45,78) 100m: 01:42,47 (00:56,69) 150m: 02:39,36 (00:56,89) 200m: 03:36,46 (00:57,10) 250m: 04:34,21 (00:57,75) 300m: 05:30,45 (00:56,24) 350m: 06:25,87 (00:55,42) 400m: 07:15,48 (00:49,61)			
	Hanna Hübener	2013	TSV Adendorf 1923	07:16,56
	50m: 00:48,47 (00:48,47) 100m: 01:43,61 (00:55,14) 150m: 02:41,30 (00:57,69) 200m: 03:38,45 (00:57,15) 250m: 04:34,86 (00:56,41) 300m: 05:31,47 (00:56,61) 350m: 06:28,47 (00:57,00) 400m: 07:16,56 (00:48,09)			
	Inneke Grantz	2013	ATS Cuxhaven	07:17,67
	50m: 00:48,27 (00:48,27) 100m: 01:44,76 (00:56,49) 200m: 03:39,41 (01:54,65) 300m: 05:38,64 (01:59,23) 400m: 07:17,67 (01:39,03)			
	Isabelle Back	2013	Celler Schwimm-Club e.V.	07:34,54
	50m: 00:47,68 (00:47,68) 100m: 01:44,72 (00:57,04) 150m: 02:44,23 (00:59,51) 200m: 03:42,82 (00:58,59) 250m: 04:42,88 (01:00,06) 300m: 05:43,74 (01:00,86) 350m: 06:40,77 (00:57,03) 400m: 07:34,54 (00:53,77)			
	Amelie Walther	2013	Schwimm-Club Seevetal	07:37,27
	50m: 00:45,00 (00:45,00) 100m: 01:36,48 (00:51,48) 150m: 02:32,86 (00:56,38) 200m: 03:29,77 (00:56,91) 250m: 04:27,26 (00:57,49) 300m: 05:31,67 (01:04,41) 350m: 06:38,01 (01:06,34) 400m: 07:37,27 (00:59,26)			

abgemeldet

Elisa Horn	2013	MTV Goslar
Malin Matthes	2013	MTV Goslar

SMK und Einzel (400m Freistil weiblich)

Jahrgang 2011

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin				
	Caroline Back	2011	Celler Schwimm-Club e.V.	05:12,49
2.	Carla Bredemeier	2011	Wardenburger SC	05:14,39
3.	Maja Junia Döppner	2011	SSG Braunschweig	05:17,28
4.	Jana Frickel	2011	WSG Wunstorf	05:18,04
5.	Julia Seidler	2011	TSV Pattensen	05:24,03
6.	Maila Lüders	2011	Celler Schwimm-Club e.V.	05:27,42
7.	Jule Daweke	2011	VfL Osnabrück	05:28,06
8.	Lotta-Marie Maßmann	2011	VfL Osnabrück	05:30,94
9.	Mathea Meyer	2011	ASC Göttingen von 1846 e.V.	05:37,89
10.	Zarah Podlogar	2011	Wardenburger SC	05:38,02
11.	Sophia Surmann	2011	Wardenburger SC	05:38,37
12.	Noelia Krampen	2011	SGS Barsinghausen	05:42,01
13.	Luise Suchantke	2011	VfV Hildesheim	05:43,93
14.	Hermine Hemme	2011	TV Meppen	05:44,29
15.	Marissa Röttger	2011	MTV Goslar	05:44,97
16.	Neva Mielke	2011	ASC Göttingen von 1846 e.V.	05:45,32
17.	Hannah Ellermann	2011	TSG 07 Burg Gretesch	05:49,88
18.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	05:55,74
19.	Gesine Marie Brase	2011	TWG 1861 Göttingen	05:55,82
20.	Jette Hermeling	2011	SV Wasserfreunde Dalum	05:57,40
21.	Maya Fischmann	2011	SGS Barsinghausen	06:01,11
22.	Julia Thamer	2011	SV Nordenham	06:01,66
23.	Mara Schmidt	2011	SGS Langenhagen	06:05,74
24.	Carlotta Hohmann	2011	SGS Hannover	06:08,54
25.	Mariella Günther	2011	MTV Goslar	06:13,50
26.	Emma Nickel	2011	TUS Wagenfeld	06:18,43
27.	Hannah Weiß	2011	TSV Pattensen	06:22,40
28.	Wendi Xu	2011	ASC Göttingen von 1846 e.V.	06:25,30
29.	Ina Sophie Raiser	2011	ASC Göttingen von 1846 e.V.	06:31,79
30.	Caroline Fischer	2011	MTV Dannenberg 1863	06:34,26
31.	Lene Bolte	2011	WSG Wunstorf	06:39,34
32.	Emma Charlotte Thöldtau	2011	WSG Wunstorf	06:39,87
33.	Nina Rahmstorf	2011	ASC Göttingen von 1846 e.V.	06:40,75
34.	Esther Hauptmeier	2011	SGS Langenhagen	06:46,06

noch SMK und Einzel (400m Freistil weiblich)

Jahrgang 2012

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Josefine Klein	2012	SV Burgwedel	05:41,77
2.	Nele Habig	2012	MTV Goslar	05:49,72
3.	Monika Yu	2012	TuS 1849 Clausthal-Zellerfeld	05:50,10
4.	Carina Riedel	2012	SSG Nord-Calenberg	05:51,33
5.	Ronja Langowicz	2012	VfV Hildesheim	05:54,29
6.	Amelie Sophie Buss	2012	SC Altwarmbüchen	05:58,57
7.	Svea Güttler	2012	VfL Rastede	06:01,17
8.	Marlene Knoop	2012	MTV Goslar	06:01,73
9.	Emma Klöber	2012	SGS Barsinghausen	06:02,46
10.	Jana Luise Papstein	2012	MTV Goslar	06:03,66
11.	Marie Wolff	2012	TSG 07 Burg Gretesch	06:08,70
12.	Ella Oeßel	2012	Eintracht Hildesheim	06:08,72
13.	Melina Busse	2012	Celler Schwimm-Club e.V.	06:09,76
14.	Smilla Koriath	2012	Grafen Schwimmteam	06:12,37
15.	Elva Krauß	2012	SV Nienhagen 1928	06:15,56
16.	Clara Mathilda Bender	2012	SC Osnabrück 04	06:18,79
17.	Nieke Bluhm	2012	SG Syke / Barrien	06:19,61
18.	Lea Enzensberger	2012	Delmenhorster SV 1905	06:21,49
19.	Liv Großmann	2012	SGS Hannover	06:26,90
20.	Leni Victoria Kilper	2012	SSG Braunschweig	06:28,56
21.	Marie Spangenberg	2012	TSV Pattensen	06:34,88
22.	Diana Sievers	2012	TSV Pattensen	06:35,92
23.	Meike Spangenberg	2012	TSV Pattensen	06:46,39
24.	Elina Unruh	2012	Landesschwimmverband Niedersachsen	06:47,61
25.	Sarah Froklage	2012	TSV Otterndorf	06:49,95
26.	Femke Chiara Böhmer	2012	VfL Rastede	06:53,46
27.	Anela Ahlers	2012	TSV Pattensen	06:53,50
28.	Cherine Rau	2012	TSV Otterndorf	06:54,36
29.	Lydia Behrens	2012	TWG 1861 Göttingen	06:55,66
30.	Ida Flemming	2012	SGS Langenhagen	06:55,84
31.	Ella Pauline Rozek	2012	TWG 1861 Göttingen	06:56,28
32.	Ida Mende	2012	SSG Braunschweig	06:56,49

Jahrgang 2013

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Charlotta Bundkiel	2013	Polizei SV Oldenburg	06:20,21
2.	Johanna Obst	2013	SV Nienhagen 1928	06:40,87
3.	Nele Stein	2013	TV Jahn Schneverdingen	06:41,33
4.	Jule Girbig	2013	Eintracht Hildesheim	06:43,96
5.	Jule Lemmermann	2013	Delmenhorster SV 1905	06:44,25
6.	Zane Josephina Seibt	2013	SG RethenSarstedt	06:48,91
7.	Carlie de Vries	2013	VfL Rastede	06:53,79
8.	Sophie Förster	2013	Oldenburger SV 1902	07:05,39
9.	Luise Mollenhauer	2013	SV Nienhagen 1928	07:05,90
10.	Jil Burrichter	2013	Wardenburger SC	07:07,38
11.	Pheline Cohrs	2013	TV Jahn Schneverdingen	07:08,94
12.	Saya Sterz	2013	TSV Wietze	07:15,48
13.	Hanna Hübener	2013	TSV Adendorf 1923	07:16,56
14.	Inneke Grantz	2013	ATS Cuxhaven	07:17,67
15.	Isabelle Back	2013	Celler Schwimm-Club e.V.	07:34,54
16.	Amelie Walther	2013	Schwimm-Club Seevetal	07:37,27

noch SMK und Einzel (400m Freistil weiblich)

Wettkampf 2 - 400m Freistil männlich

Pflichtzeiten

2013: 08:00,00 2012: 07:20,00 2011: 07:00,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Jonas Gügelmeyer	2011	SV Wasserfreunde Dalum	05:00,79
	50m: 00:32,24 (00:32,24) 100m: 01:09,10 (00:36,86) 150m: 01:48,51 (00:39,41)			
	200m: 02:27,54 (00:39,03) 250m: 03:07,19 (00:39,65) 300m: 03:46,17 (00:38,98)			
	350m: 04:24,63 (00:38,46) 400m: 05:00,79 (00:36,16)			
	Mattis Meyer	2011	Delmenhorster SV 1905	05:12,57
	50m: 00:34,84 (00:34,84) 100m: 01:13,69 (00:38,85) 150m: 01:52,90 (00:39,21)			
	200m: 02:33,69 (00:40,79) 250m: 03:13,56 (00:39,87) 300m: 03:54,57 (00:41,01)			
	350m: 04:34,50 (00:39,93) 400m: 05:12,57 (00:38,07)			
	Fynn Hübener	2011	TSV Adendorf 1923	05:46,39
	50m: 00:35,85 (00:35,85) 100m: 01:17,38 (00:41,53) 150m: 02:02,53 (00:45,15)			
	200m: 02:49,60 (00:47,07) 250m: 03:34,80 (00:45,20) 300m: 04:20,37 (00:45,57)			
	350m: 05:05,42 (00:45,05) 400m: 05:46,39 (00:40,97)			
	Tamino Koch	2011	SSG Braunschweig	06:17,30
	50m: 00:39,07 (00:39,07) 100m: 01:25,84 (00:46,77) 150m: 02:14,66 (00:48,82)			
	200m: 03:04,40 (00:49,74) 250m: 03:53,37 (00:48,97) 300m: 04:42,73 (00:49,36)			
	350m: 05:31,54 (00:48,81) 400m: 06:17,30 (00:45,76)			
	Julius Lage	2011	SSG Braunschweig	06:31,39
	50m: 00:43,33 (00:43,33) 100m: 01:34,97 (00:51,64) 150m: 02:25,54 (00:50,57)			
	200m: 03:16,26 (00:50,72) 250m: 04:07,19 (00:50,93) 300m: 04:56,91 (00:49,72)			
	350m: 05:45,94 (00:49,03) 400m: 06:31,39 (00:45,45)			
	Luca Strothmann	2011	ATS Cuxhaven	06:38,50
	50m: 00:40,61 (00:40,61) 100m: 01:28,84 (00:48,23) 150m: 02:20,12 (00:51,28)			
	200m: 03:12,35 (00:52,23) 250m: 04:03,60 (00:51,25) 300m: 04:55,70 (00:52,10)			
	350m: 05:48,61 (00:52,91) 400m: 06:38,50 (00:49,89)			

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Michael Yastrebov	2012	SGS Hannover	05:46,48
	50m: 00:37,38 (00:37,38) 100m: 01:21,07 (00:43,69) 150m: 02:05,82 (00:44,75)			
	200m: 02:50,26 (00:44,44) 250m: 03:35,43 (00:45,17) 300m: 04:20,07 (00:44,64)			
	350m: 05:04,53 (00:44,46) 400m: 05:46,48 (00:41,95)			
	Sasha Dean Seibt	2012	SG RethenSarstedt	05:57,51
	50m: 00:39,61 (00:39,61) 100m: 01:23,56 (00:43,95) 150m: 02:09,82 (00:46,26)			
	200m: 02:55,68 (00:45,86) 250m: 03:40,92 (00:45,24) 300m: 04:28,06 (00:47,14)			
	350m: 05:13,68 (00:45,62) 400m: 05:57,51 (00:43,83)			
	Hauke Döbler	2012	VfL Rastede	06:17,98
	50m: 00:43,02 (00:43,02) 100m: 01:31,63 (00:48,61) 150m: 02:20,40 (00:48,77)			
	200m: 03:10,34 (00:49,94) 250m: 03:58,15 (00:47,81) 300m: 04:43,37 (00:45,22)			
	350m: 05:30,20 (00:46,83) 400m: 06:17,98 (00:47,78)			
	Samuel Schnedler	2012	ASC Göttingen von 1846 e.V.	06:20,18
	100m: 01:23,88 (01:23,88) 150m: 02:13,97 (00:50,09) 200m: 03:02,55 (00:48,58)			
	250m: 03:53,11 (00:50,56) 300m: 04:43,55 (00:50,44) 400m: 06:20,18 (01:36,63)			
	Felix von Massow	2012	SV Nienhagen 1928	06:30,74
	50m: 00:42,15 (00:42,15) 100m: 01:30,61 (00:48,46) 150m: 02:21,73 (00:51,12)			
	200m: 03:12,79 (00:51,06) 250m: 04:03,94 (00:51,15) 300m: 04:55,59 (00:51,65)			
	350m: 05:44,90 (00:49,31) 400m: 06:30,74 (00:45,84)			
	Jost Niedzwicki	2012	TSV Otterndorf	06:36,47
	50m: 00:39,90 (00:39,90) 100m: 01:26,81 (00:46,91) 150m: 02:17,95 (00:51,14)			
	200m: 03:08,98 (00:51,03) 250m: 04:02,03 (00:53,05) 300m: 04:55,02 (00:52,99)			
	350m: 05:50,21 (00:55,19) 400m: 06:36,47 (00:46,26)			
	Lukas Haselhoff	2012	TWG 1861 Göttingen	06:48,89
	50m: 00:42,29 (00:42,29) 100m: 01:32,44 (00:50,15) 150m: 02:25,70 (00:53,26)			
	200m: 03:17,21 (00:51,51) 250m: 04:12,22 (00:55,01) 300m: 05:03,76 (00:51,54)			
	350m: 05:59,23 (00:55,47) 400m: 06:48,89 (00:49,66)			
	Bennet Hebbeln	2012	ATS Cuxhaven	07:02,78
	50m: 00:44,76 (00:44,76) 100m: 01:37,79 (00:53,03) 150m: 02:33,13 (00:55,34)			
	200m: 03:27,93 (00:54,80) 250m: 04:23,84 (00:55,91) 300m: 05:17,62 (00:53,78)			
	350m: 06:13,55 (00:55,93) 400m: 07:02,78 (00:49,23)			

noch Wettkampf 2 - 400m Freistil männlich

noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Mattis Willsenach	2012	SSG Braunschweig	07:05,64
	50m: 00:42,66 (00:42,66) 100m: 01:35,22 (00:52,56) 150m: 02:29,54 (00:54,32) 200m: 03:23,47 (00:53,93) 250m: 04:19,38 (00:55,91) 300m: 05:17,71 (00:58,33) 350m: 06:12,71 (00:55,00) 400m: 07:05,64 (00:52,93)			
	<u>abgemeldet</u>			
	Emil Demmer	2012	Oldenburger SV 1902	

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Yannick Kastner	2013	Eintracht Hildesheim	05:35,12
	50m: 00:36,87 (00:36,87) 100m: 01:19,69 (00:42,82) 150m: 02:02,73 (00:43,04) 200m: 02:45,75 (00:43,02) 250m: 03:28,99 (00:43,24) 300m: 04:12,52 (00:43,53) 350m: 04:55,56 (00:43,04) 400m: 05:35,12 (00:39,56)			
	Ilja Menninghaus	2013	VfL Osnabrück	06:34,59
	50m: 00:43,14 (00:43,14) 100m: 01:34,01 (00:50,87) 150m: 02:24,78 (00:50,77) 200m: 03:16,48 (00:51,70) 250m: 04:06,65 (00:50,17) 300m: 04:57,10 (00:50,45) 350m: 05:47,42 (00:50,32) 400m: 06:34,59 (00:47,17)			
	Tristan Klusmann	2013	TWG 1861 Göttingen	06:53,99
	50m: 00:43,16 (00:43,16) 100m: 01:34,43 (00:51,27) 150m: 02:26,06 (00:51,63) 200m: 03:18,13 (00:52,07) 250m: 04:10,98 (00:52,85) 300m: 05:06,23 (00:55,25) 350m: 06:01,49 (00:55,26) 400m: 06:53,99 (00:52,50)			
	Finn Reymers	2013	ATS Cuxhaven	07:01,59
	50m: 00:44,12 (00:44,12) 100m: 01:36,36 (00:52,24) 150m: 02:31,25 (00:54,89) 200m: 03:26,54 (00:55,29) 250m: 04:20,33 (00:53,79) 300m: 05:14,64 (00:54,31) 350m: 06:08,65 (00:54,01) 400m: 07:01,59 (00:52,94)			
	Julian Kappel	2013	SV Nienhagen 1928	07:07,33
	50m: 00:44,43 (00:44,43) 100m: 01:38,20 (00:53,77) 150m: 02:33,82 (00:55,62) 200m: 03:29,77 (00:55,95) 250m: 04:25,37 (00:55,60) 300m: 05:20,82 (00:55,45) 350m: 06:15,38 (00:54,56) 400m: 07:07,33 (00:51,95)			
	Lasse Dunker	2013	SG Syke / Barrien	07:50,47
	50m: 00:52,05 (00:52,05) 100m: 01:52,75 (01:00,70) 150m: 02:54,61 (01:01,86) 200m: 03:56,75 (01:02,14) 250m: 04:57,50 (01:00,75) 300m: 05:59,96 (01:02,46) 350m: 07:01,60 (01:01,64) 400m: 07:50,47 (00:48,87)			

SMK und Einzel (400m Freistil männlich)

Jahrgang 2011

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Jonas Gügelmeyer	2011	SV Wasserfreunde Dalum	05:00,79
2.	Leo Andrzhhevskii	2011	SGS Hannover	05:06,56
3.	Mattis Meyer	2011	Delmenhorster SV 1905	05:12,57
4.	Noah John	2011	VfV Hildesheim	05:16,09
5.	Yannick Jung	2011	SSG Braunschweig	05:22,88
6.	Timo Wentland	2011	SSG Braunschweig	05:25,39
7.	Jesper Kappertz	2011	VfV Hildesheim	05:30,03
8.	Adam Haji	2011	ATS Cuxhaven	05:39,68
9.	Fynn Hübener	2011	TSV Adendorf 1923	05:46,39
10.	Sven Jonathan Rathmann	2011	SSG Braunschweig	05:54,90
11.	Brian Kraft	2011	SSG Braunschweig	06:11,45
12.	Tamino Koch	2011	SSG Braunschweig	06:17,30
13.	Jannik Ahrens	2011	Celler Schwimm-Club e.V.	06:19,94
14.	Julian Crull	2011	TSV Wietze	06:20,44
15.	Julius Lage	2011	SSG Braunschweig	06:31,39
16.	Luca Strothmann	2011	ATS Cuxhaven	06:38,50
17.	Leonard Nowacki	2011	TSV Adendorf 1923	06:41,11

noch SMK und Einzel (400m Freistil männlich)

Jahrgang 2012

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	05:20,79
2.	Kjell Ahlers	2012	Wardenburger SC	05:33,14
3.	Lukas Winter	2012	SSG Braunschweig	05:36,69
4.	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	05:41,58
5.	Simon Dannenberg	2012	SGS Hannover	05:42,50
6.	Floyd Düker	2012	Wardenburger SC	05:43,81
7.	Conrad Vollmer	2012	SSG Braunschweig	05:46,10
8.	Michael Yastrebov	2012	SGS Hannover	05:46,48
9.	Yehor Byba	2012	MTV Goslar	05:49,66
10.	Carl-Johan Kreibohm	2012	MTV Goslar	05:56,51
11.	Sasha Dean Seibt	2012	SG RethenSarstedt	05:57,51
12.	Friedrich Dammeyer	2012	SSG Braunschweig	05:57,91
13.	Kjell Mühe	2012	Eintracht Hildesheim	05:59,17
14.	Lasse Palle Phielpeit	2012	Celler Schwimm-Club e.V.	06:12,74
15.	Hauke Döbler	2012	VfL Rastede	06:17,98
16.	Tim Liam Schönemann	2012	SV Nienhagen 1928	06:18,01
17.	Samuel Schnedler	2012	ASC Göttingen von 1846 e.V.	06:20,18
18.	Felix von Massow	2012	SV Nienhagen 1928	06:30,74
19.	Alexej Zoller	2012	Polizei SV Oldenburg	06:32,17
20.	Jost Niedzwicki	2012	TSV Otterndorf	06:36,47
21.	Michael Hering	2012	Polizei SV Oldenburg	06:42,60
22.	Lukas Haselhoff	2012	TWG 1861 Göttingen	06:48,89
23.	Bennet Hebbeln	2012	ATS Cuxhaven	07:02,78
24.	Mattis Willsenach	2012	SSG Braunschweig	07:05,64

Jahrgang 2013

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Yannick Kastner	2013	Eintracht Hildesheim	05:35,12
2.	Ilja Menninghaus	2013	VfL Osnabrück	06:34,59
3.	Tristan Klusmann	2013	TWG 1861 Göttingen	06:53,99
4.	Finn Reymers	2013	ATS Cuxhaven	07:01,59
5.	Julian Kampel	2013	SV Nienhagen 1928	07:07,33
6.	Lasse Dunker	2013	SG Syke / Barrien	07:50,47

Wettkampf 3 - 50m Brust weiblich

Pflichtzeiten

2013: 00:54,50 2012: 00:50,00 2011: 00:46,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Julia Seidler	2011	TSV Pattensen	00:38,28
2.	Hannah Weiß	2011	TSV Pattensen	00:39,96
3.	Wendi Xu	2011	ASC Göttingen von 1846 e.V.	00:40,05
4.	Kate Humphreys	2011	1. Nienburger SC	00:40,48
5.	Carla Bredemeier	2011	Wardenburger SC	00:40,99
6.	Lotta-Marie Maßmann	2011	VfL Osnabrück	00:41,24
7.	Maja Junia Döppner	2011	SSG Braunschweig	00:41,25
8.	Pia Abdic	2011	SV Garbsen	00:42,26
9.	Carlotta Winzia	2011	Grafen Schwimmteam	00:42,48
10.	Lana Bollmer	2011	SC Twist	00:43,04
11.	Helena Blanck	2011	MTV Dannenberg 1863	00:43,44
12.	Paula Krotzek	2011	STP Swim Team Pattensen	00:44,14
13.	Jette Hermeling	2011	SV Wasserfreunde Dalum	00:44,34
14.	Anna Josephine Jacobs	2011	Heidmühler FC	00:44,71
15.	Marissa Röttger	2011	MTV Goslar	00:44,72
16.	Milla Kummer	2011	Peiner Schwimmverein	00:44,95
17.	Lina Dietrich	2011	TSV Anderten	00:45,51
18.	Helene Prehm	2011	SC Lüchow 1861	00:46,53
19.	Carlotta Hohmann	2011	SGS Hannover	00:46,62

EnM
 EnM

noch Wettkampf 3 - 50m Brust weiblich

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
20.	Mara Schmidt	2011	SGS Langenhagen	00:46,64	EnM
	<u>disqualifiziert</u> Hannah Sturm	2011	SSG Wolfenbüttel		EnM
	<i>Der Start erfolgte vor dem Startsignal. Uhrzeit der Bekanntgabe: 12:02</i>				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeisterin					
	Isabella Janitzki	2012	MTV Goslar	00:40,52	
2.	Lina Sofie Karpstein	2012	TV Jahn Wolfsburg	00:40,97	
3.	Josefine Klein	2012	SV Burgwedel	00:42,30	
4.	Nieke Bluhm	2012	SG Syke / Barrien	00:42,69	
5.	Leni Schröder	2012	Waspo Nordhorn	00:43,23	
6.	Lara Schneeloch	2012	VfL Bad Nenndorf	00:44,01	
7.	Valerie Sophie Esse	2012	Seelzer Schwimmsportverein von 2022 e.V.	00:45,07	
8.	Freda Peters	2012	MTV Aurich	00:45,36	
9.	Freya Schlüter	2012	Stader Schwimmverein	00:45,91	
10.	Elva Krauß	2012	SV Nienhagen 1928	00:46,57	
11.	Leni Victoria Kilper	2012	SSG Braunschweig	00:47,12	
12.	Eva Hehl	2012	WSG Wunstorf	00:47,13	
13.	Jana Luise Papstein	2012	MTV Goslar	00:47,18	
14.	Mila Haarmann	2012	TSV Anderten	00:47,20	
15.	Janne Friederike Westphale	2012	WSG Wunstorf	00:47,44	
16.	Lotte Luise Müller	2012	SV Nordenham	00:47,48	
17.	Josefine Theilen	2012	Weyher SV	00:47,56	
18.	Finja Schwarz	2012	MTV Dannenberg 1863	00:47,94	
19.	Jule Fehrmann	2012	SV Haren	00:47,97	
20.	Milina Antonie Fenske	2012	TWG 1861 Göttingen	00:47,99	
21.	Mirja Will	2012	SC Altwarmbüchen	00:48,16	
22.	Noemi Menard	2012	SG Freren	00:48,22	
23.	Laura Günther	2012	Stader Schwimmverein	00:49,55	
24.	Kaley Cohrs	2012	TV Jahn Schneverdingen	00:49,78	
25.	Anela Ahlers	2012	TSV Pattensen	00:50,31	EnM
26.	Lynn Gosewisch	2012	SV Nienhagen 1928	00:50,95	EnM
	<u>nicht am Start</u> Inke Illies	2012	Grafen Schwimmteam		EnM
	<u>disqualifiziert</u> Philippa Henning	2012	Schwimm-Club Seevetal		EnM
	<i>Der Start erfolgte vor dem Startsignal. Uhrzeit der Bekanntgabe: 11:55</i>				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeisterin					
	Miley Redelfs	2013	Delmenhorster SV 1905	00:42,62	
2.	Jalina Chiara Döppner	2013	SSG Braunschweig	00:46,10	
3.	Luisa Schulze	2013	STP Swim Team Pattensen	00:46,25	
4.	Tjalda Brink	2013	TuS Neuenhaus	00:48,77	
5.	Theda Martens	2013	SG Diepholz 1870	00:49,05	
6.	Martha Busse	2013	Grafen Schwimmteam	00:49,36	
7.	Magdalena Kohring	2013	SG Diepholz 1870	00:50,00	
8.	Jule Girbig	2013	Eintracht Hildesheim	00:50,45	
9.	Helene Meyer	2013	Delmenhorster SV 1905	00:50,56	
10.	Hannah Lage	2013	SSG Braunschweig	00:50,75	
11.	Carlie de Vries	2013	VfL Rastede	00:51,19	
12.	Greta Moorkamp	2013	TSV Achim 1860	00:51,34	
13.	Amelie Walther	2013	Schwimm-Club Seevetal	00:51,37	
14.	Franziska Windorfer	2013	VfL Rastede	00:51,38	
15.	Maya Vollbrecht	2013	TV Jahn Wolfsburg	00:51,47	
16.	Greta Conrads	2013	TSG 07 Burg Grefesch	00:51,80	

noch Wettkampf 3 - 50m Brust weiblich

noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
17.	Malin Matthes	2013	MTV Goslar	00:51,98	
18.	Tamara Teige	2013	STP Swim Team Pattensen	00:52,27	
19.	Marleen Hake	2013	SV Wildeshausen	00:52,44	
20.	Johanna Obst	2013	SV Nienhagen 1928	00:52,50	
21.	Anni Menken	2013	TuS Neuenhaus	00:52,83	
22.	Jule Lemmermann	2013	Delmenhorster SV 1905	00:52,90	
23.	Sarah Abu-Mugheisib	2013	SSG Braunschweig	00:52,96	
24.	Amelie Oldenettel	2013	Wilhelmshavener SSV	00:53,09	
25.	Joyce Pauline Eilers	2013	SG Freren	00:53,75	
26.	Ella Bente	2013	TSG 07 Burg Gretesch	00:53,90	
27.	Lea Lehmann	2013	SGS Hannover	00:54,09	
28.	Emma Linnemann	2013	TSV Ueffeln	00:55,18	EnM
29.	Mara Emilia Sack	2013	Hannover 96	00:56,41	EnM
30.	Marlene van Doornick	2013	SV Burgwedel	00:56,74	EnM
31.	Sarah Wehrmaker	2013	Eintracht Hildesheim	00:57,06	EnM
<u>nicht am Start</u>					
	Elena Sophie Wiebusch	2013	Stader Schwimmverein		EnM
	Frieda Sass	2013	TV Jahn Schneverdingen		EnM

Wettkampf 4 - 50m Brust männlich

Pflichtzeiten

2013: 00:57,00 2012: 00:50,00 2011: 00:46,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeister					
	Sam Beregovoj	2011	TuS Bramsche	00:39,44	
2.	Paul Anton Eisen	2011	SG RethenSarstedt	00:41,06	
3.	Enno Funke	2011	SV Wasserfreunde Völlen - Papenburg e.V.	00:41,28	
4.	Jonas Gügelmeyer	2011	SV Wasserfreunde Dalum	00:41,44	
5.	Thore Poppenhäger	2011	SSG Braunschweig	00:41,67	
6.	Ben Gerstner	2011	TV Jahn Schneverdingen	00:41,90	
7.	Jonathan Carspecken	2011	SV Wildeshausen	00:42,98	
8.	Fynn Hübener	2011	TSV Adendorf 1923	00:43,39	
9.	Lennart Krech	2011	SC Altwarmbüchen	00:44,36	
10.	Alexander Jerebic	2011	SV Wildeshausen	00:44,96	
11.	Nevio Katt	2011	TUS Wagenfeld	00:46,44	EnM
12.	Adam Haji	2011	ATS Cuxhaven	00:47,94	EnM

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeister					
	Lukas Winter	2012	SSG Braunschweig	00:41,62	
2.	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	00:42,74	
3.	Hauke Döbler	2012	VfL Rastede	00:42,98	
4.	Joshua Gongala	2012	SGS Hannover	00:46,90	
5.	Carl-Johan Kreibohm	2012	MTV Goslar	00:47,16	
6.	Arthur Rudenja	2012	SGS Hannover	00:47,78	
7.	Elias Mentner	2012	SG Diepholz 1870	00:47,83	
8.	Jonas Welz	2012	VfV Hildesheim	00:48,19	
9.	Toni Zabel	2012	TV Jahn Schneverdingen	00:48,41	
10.	Tim Liam Schönemann	2012	SV Nienhagen 1928	00:48,51	
11.	Jasper Stalljann	2012	Delmenhorster SV 1905	00:48,62	
12.	Sasha Dean Seibt	2012	SG RethenSarstedt	00:50,36	EnM

noch Wettkampf 4 - 50m Brust männlich

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeister	Keno Kägebein	2013	TSV Pattensen	00:47,10	
2.	Vincent Hellmann	2013	SC Delphin Salzgitter	00:47,59	
3.	Enno Liebe	2013	Weyher SV	00:48,20	
4.	Paul-Anton Siegfried	2013	SSG Braunschweig	00:49,01	
5.	Nikita Makarov	2013	Hamelner Schwimmverein v. 1913 e.V.	00:50,12	
6.	Jesper Müller	2013	SG Osnabrück	00:50,18	
7.	Franz Arnold	2013	VfV Hildesheim	00:50,55	
8.	Felix Wagner	2013	TV Jahn Wolfsburg	00:50,59	
9.	Johann Hilbers	2013	Waspo Nordhorn	00:50,78	
10.	Maximilian Haas	2013	STP Swim Team Pattensen	00:50,94	
11.	Ben Ouni	2013	TV Jahn Wolfsburg	00:51,36	
12.	Nemo Lucht	2013	ASC Göttingen von 1846 e.V.	00:51,79	
13.	Tristan Klusmann	2013	TWG 1861 Göttingen	00:52,19	
14.	Til Fehrmann	2013	SV Haren	00:52,62	
15.	Benedict Menk	2013	Schwimm-Club Seevetal	00:52,99	
16.	Manuel Gamm	2013	SGS Hannover	00:53,24	
17.	Tjark Behrens	2013	SGS Hannover	00:53,64	
18.	Rian Kjell Oettel	2013	STP Swim Team Pattensen	00:54,00	
19.	Felix Peters	2013	SV Nienhagen 1928	00:54,16	
20.	Luca Semoli	2013	TSV Adendorf 1923	00:54,89	
21.	Piet Wantier	2013	TV Jahn Wolfsburg	00:55,29	
22.	Linus Rendigs	2013	Weyher SV	00:55,40	
23.	Lando Hahn	2013	SSG Braunschweig	00:57,29	EnM
24.	Aron Pöhl	2013	TSV Adendorf 1923	00:57,65	EnM
25.	Finn Reymers	2013	ATS Cuxhaven	00:58,46	EnM
26.	Johann Tessmer	2013	SGS Barsinghausen	00:58,97	EnM
27.	Danial Ludt	2013	Wardenburger SC	00:58,98	EnM
	<u>disqualifiziert</u>				
	Jakob Peters	2013	SV Nienhagen 1928		EnM
	<i>Der Start erfolgte vor dem Startsignal. Uhrzeit der Bekanntgabe: 12:04</i>				
	Juri Kuske	2013	TSV Otterndorf		EnM
	<i>Der Start erfolgte vor dem Startsignal. Uhrzeit der Bekanntgabe: 12:02</i>				
	<u>abgemeldet</u>				
	Jakob Oliver Ernt	2013	SV Anker 06 Gadenstedt		
	Makar Bolibok	2013	SV Anker 06 Gadenstedt		

Wettkampf 205 - 200m Schmetterling weiblich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Jana Frickel	2011	WSG Wunstorf	02:58,06	320
	<i>50m: 00:38,35 (00:38,35) 100m: 01:23,41 (00:45,06) 150m: 02:10,93 (00:47,52) 200m: 02:58,06 (00:47,13)</i>				
	Luise Suchantke	2011	VfV Hildesheim	03:06,98	276
	<i>50m: 00:39,33 (00:39,33) 100m: 01:28,11 (00:48,78) 150m: 02:16,61 (00:48,50) 200m: 03:06,98 (00:50,37)</i>				
	Sophia Surmann	2011	Wardenburger SC	03:16,03	239
	<i>50m: 00:39,30 (00:39,30) 100m: 01:32,76 (00:53,46) 150m: 02:25,10 (00:52,34) 200m: 03:16,03 (00:50,93)</i>				
	Mathea Meyer	2011	ASC Göttingen von 1846 e.V.	03:23,41	214
	<i>50m: 00:44,99 (00:44,99) 100m: 01:36,78 (00:51,79) 150m: 02:30,79 (00:54,01) 200m: 03:23,41 (00:52,62)</i>				

noch Wettkampf 205 - 200m Schmetterling weiblich (SMK 2011-2012)

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Marlene Knoop	2012	MTV Goslar	03:15,48	241
	50m: 00:40,00 (00:40,00) 100m: 01:30,47 (00:50,47) 150m: 02:21,93 (00:51,46) 200m: 03:15,48 (00:53,55)				
	Elva Krauß	2012	SV Nienhagen 1928	03:38,57	173
	50m: 00:44,45 (00:44,45) 100m: 01:41,39 (00:56,94) 150m: 02:40,84 (00:59,45) 200m: 03:38,57 (00:57,73)				

Wettkampf 206 - 200m Schmetterling männlich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Noah John	2011	VfV Hildesheim	03:02,74	222
	50m: 00:38,24 (00:38,24) 100m: 01:26,99 (00:48,75) 150m: 02:14,95 (00:47,96) 200m: 03:02,74 (00:47,79)				
	Sven Jonathan Rathmann	2011	SSG Braunschweig	03:32,74	141
	50m: 00:44,83 (00:44,83) 100m: 01:41,19 (00:56,36) 150m: 02:36,11 (00:54,92) 200m: 03:32,74 (00:56,63)				
	Jannik Ahrens	2011	Celler Schwimm-Club e.V.	03:39,60	128
	50m: 00:46,71 (00:46,71) 100m: 01:44,08 (00:57,37) 150m: 02:42,93 (00:58,85) 200m: 03:39,60 (00:56,67)				

abgemeldet

Benedikt Frommer 2011 Celler Schwimm-Club e.V.

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Simon Dannenberg	2012	SGS Hannover	03:15,61	181
	50m: 00:40,77 (00:40,77) 100m: 01:31,67 (00:50,90) 150m: 02:23,58 (00:51,91) 200m: 03:15,61 (00:52,03)				
	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	03:20,71	167
	50m: 00:43,53 (00:43,53) 100m: 01:34,70 (00:51,17) 150m: 02:28,45 (00:53,75) 200m: 03:20,71 (00:52,26)				

Wettkampf 5 - 200m Schmetterling weiblich

Pflichtzeiten

2012: 03:52,00 2011: 03:46,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Caroline Fischer	2011	MTV Dannenberg 1863	03:33,32
	50m: 00:41,45 (00:41,45) 100m: 01:36,35 (00:54,90) 150m: 02:34,56 (00:58,21) 200m: 03:33,32 (00:58,76)			

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Lea Enzensberger	2012	Delmenhorster SV 1905	03:51,86
	50m: 00:46,69 (00:46,69) 100m: 01:46,90 (01:00,21) 150m: 02:50,46 (01:03,56) 200m: 03:51,86 (01:01,40)			

nicht am Start

Isabella Janitzki 2012 MTV Goslar

EnM

SMK und Einzel (200m Schmetterling weiblich)

Jahrgang 2011

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Jana Frickel	2011	WSG Wunstorf	02:58,06
2.	Luise Suchantke	2011	VfV Hildesheim	03:06,98
3.	Sophia Surmann	2011	Wardenburger SC	03:16,03
4.	Mathea Meyer	2011	ASC Göttingen von 1846 e.V.	03:23,41
5.	Caroline Fischer	2011	MTV Dannenberg 1863	03:33,32

Jahrgang 2012

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Marlene Knoop	2012	MTV Goslar	03:15,48
2.	Elva Krauß	2012	SV Nienhagen 1928	03:38,57
3.	Lea Enzensberger	2012	Delmenhorster SV 1905	03:51,86

Wettkampf 6 - 200m Schmetterling männlich

Pflichtzeiten

2012: 03:52,00 2011: 03:46,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Lars Meyer	2011	TWG 1861 Göttingen	03:04,67
	50m: 00:38,72 (00:38,72) 100m: 01:25,26 (00:46,54) 150m: 02:16,30 (00:51,04) 200m: 03:04,67 (00:48,37)			

SMK und Einzel (200m Schmetterling männlich)

Jahrgang 2011

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Noah John	2011	VfV Hildesheim	03:02,74
2.	Lars Meyer	2011	TWG 1861 Göttingen	03:04,67
3.	Sven Jonathan Rathmann	2011	SSG Braunschweig	03:32,74
4.	Jannik Ahrens	2011	Celler Schwimm-Club e.V.	03:39,60

Jahrgang 2012

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Simon Dannenberg	2012	SGS Hannover	03:15,61
2.	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	03:20,71

Wettkampf 207 - 200m Rücken weiblich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Caroline Back	2011	Celler Schwimm-Club e.V.	02:43,95	425
	50m: 00:37,81 (00:37,81) 100m: 01:19,77 (00:41,96) 150m: 02:02,22 (00:42,45) 200m: 02:43,95 (00:41,73)				
	Hermine Hemme	2011	TV Meppen	02:50,28	380
	100m: 01:22,80 (01:22,80) 150m: 02:07,36 (00:44,56) 200m: 02:50,28 (00:42,92)				
	Neva Mielke	2011	ASC Göttingen von 1846 e.V.	02:55,98	344
	50m: 00:40,01 (00:40,01) 100m: 01:24,76 (00:44,75) 150m: 02:10,37 (00:45,61) 200m: 02:55,98 (00:45,61)				
	Gesine Marie Brase	2011	TWG 1861 Göttingen	02:56,50	341
	50m: 00:41,91 (00:41,91) 100m: 01:27,19 (00:45,28) 150m: 02:12,84 (00:45,65) 200m: 02:56,50 (00:43,66)				
	Jule Daweke	2011	VfL Osnabrück	03:02,01	311
	50m: 00:41,77 (00:41,77) 100m: 01:29,69 (00:47,92) 150m: 02:16,82 (00:47,13) 200m: 03:02,01 (00:45,19)				

noch Wettkampf 207 - 200m Rücken weiblich (SMK 2011-2012)

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Mariella Günther	2011	MTV Goslar	03:07,47	284
	50m: 00:43,58 (00:43,58) 100m: 01:32,30 (00:48,72) 150m: 02:22,66 (00:50,36) 200m: 03:07,47 (00:44,81)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Monika Yu	2012	TuS 1849 Clausthal-Zellerfeld	02:59,17	326
	50m: 00:41,94 (00:41,94) 100m: 01:28,37 (00:46,43) 150m: 02:15,56 (00:47,19) 200m: 02:59,17 (00:43,61)				
	Amelie Sophie Buss	2012	SC Altwarmbüchen	02:59,82	322
	50m: 00:42,82 (00:42,82) 100m: 01:30,14 (00:47,32) 150m: 02:16,19 (00:46,05) 200m: 02:59,82 (00:43,63)				
	Meike Spangenberg	2012	TSV Pattensen	03:02,14	310
	50m: 00:42,41 (00:42,41) 100m: 01:29,67 (00:47,26) 150m: 02:17,31 (00:47,64) 200m: 03:02,14 (00:44,83)				
	Marie Wolff	2012	TSG 07 Burg Gretesch	03:03,03	306
	100m: 01:28,68 (01:28,68) 200m: 03:03,03 (01:34,35)				
	Melina Busse	2012	Celler Schwimm-Club e.V.	03:04,52	298
	50m: 00:43,69 (00:43,69) 100m: 01:31,30 (00:47,61) 150m: 02:18,40 (00:47,10) 200m: 03:04,52 (00:46,12)				
	Marie Spangenberg	2012	TSV Pattensen	03:12,79	261
	50m: 00:46,47 (00:46,47) 100m: 01:36,06 (00:49,59) 150m: 02:25,64 (00:49,58) 200m: 03:12,79 (00:47,15)				
	Lydia Behrens	2012	TWG 1861 Göttingen	03:15,44	251
	50m: 00:45,29 (00:45,29) 100m: 01:35,38 (00:50,09) 150m: 02:26,18 (00:50,80) 200m: 03:15,44 (00:49,26)				
	Liv Großmann	2012	SGS Hannover	03:15,69	250
	50m: 00:44,67 (00:44,67) 100m: 01:36,67 (00:52,00) 200m: 03:15,69 (01:39,02)				
	Diana Sievers	2012	TSV Pattensen	03:19,96	234
	50m: 00:50,00 (00:50,00) 100m: 01:41,13 (00:51,13) 150m: 02:33,52 (00:52,39) 200m: 03:19,96 (00:46,44)				
	Ida Mende	2012	SSG Braunschweig	03:23,92	221
	50m: 00:47,52 (00:47,52) 100m: 01:40,05 (00:52,53) 150m: 02:32,44 (00:52,39) 200m: 03:23,92 (00:51,48)				
	Elina Unruh	2012	Landesschwimmverband Niedersachsen	03:26,22	214
	50m: 00:50,30 (00:50,30) 100m: 01:42,89 (00:52,59) 150m: 02:37,06 (00:54,17) 200m: 03:26,22 (00:49,16)				
	Ella Oeßel	2012	Eintracht Hildesheim	03:29,73	203
	50m: 00:48,49 (00:48,49) 100m: 01:44,59 (00:56,10) 150m: 02:37,56 (00:52,97) 200m: 03:29,73 (00:52,17)				

Wettkampf 208 - 200m Rücken männlich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Timo Wentland	2011	SSG Braunschweig	02:33,75	385
	50m: 00:34,20 (00:34,20) 100m: 01:13,44 (00:39,24) 150m: 01:54,57 (00:41,13) 200m: 02:33,75 (00:39,18)				
	Adam Haji	2011	ATS Cuxhaven	02:54,94	261
	50m: 00:40,55 (00:40,55) 100m: 01:25,82 (00:45,27) 150m: 02:10,92 (00:45,10) 200m: 02:54,94 (00:44,02)				
	Leonard Nowacki	2011	TSV Adendorf 1923	03:24,33	164
	50m: 00:44,45 (00:44,45) 100m: 01:37,91 (00:53,46) 150m: 02:31,61 (00:53,70) 200m: 03:24,33 (00:52,72)				

noch Wettkampf 208 - 200m Rücken männlich (SMK 2011-2012)

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	02:51,59	277
	50m: 00:40,53 (00:40,53) 100m: 01:24,83 (00:44,30) 150m: 02:08,55 (00:43,72) 200m: 02:51,59 (00:43,04)				
	Friedrich Dammeyer	2012	SSG Braunschweig	03:06,20	217
	50m: 00:42,95 (00:42,95) 100m: 01:31,20 (00:48,25) 200m: 03:06,20 (01:35,00)				
	Lasse Palle Phielpeit	2012	Celler Schwimm-Club e.V.	03:06,84	214
	100m: 01:31,10 (01:31,10) 150m: 02:20,47 (00:49,37) 200m: 03:06,84 (00:46,37)				
	Tim Liam Schönemann	2012	SV Nienhagen 1928	03:12,52	196
	50m: 00:44,54 (00:44,54) 100m: 01:34,56 (00:50,02) 150m: 02:24,40 (00:49,84) 200m: 03:12,52 (00:48,12)				
	<u>abgemeldet</u>				
	Jonas Hohmeier	2012	TWG 1861 Göttingen		

Wettkampf 7 - 200m Rücken weiblich

Pflichtzeiten

2013: 03:43,00 2012: 03:22,00 2011: 03:16,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	03:11,74
	50m: 00:43,75 (00:43,75) 100m: 01:34,67 (00:50,92) 150m: 02:23,89 (00:49,22) 200m: 03:11,74 (00:47,85)			
	<u>abgemeldet</u>			
	Nastja Vasylichenko	2011	SV Burgwedel	

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Svea Güttler	2012	VfL Rastede	03:07,27
	50m: 00:44,83 (00:44,83) 150m: 02:21,42 (01:36,59) 200m: 03:07,27 (00:45,85)			
	Kaja Virágh	2012	Stader Schwimmverein	03:13,34
	50m: 00:44,38 (00:44,38) 100m: 01:34,96 (00:50,58) 150m: 02:24,48 (00:49,52) 200m: 03:13,34 (00:48,86)			
	Sarah Froklage	2012	TSV Otterndorf	03:18,80
	50m: 00:44,35 (00:44,35) 100m: 01:36,79 (00:52,44) 150m: 02:29,33 (00:52,54) 200m: 03:18,80 (00:49,47)			
	Smilla Koriath	2012	Grafen Schwimmteam	03:19,37
	50m: 00:47,26 (00:47,26) 100m: 01:39,94 (00:52,68) 150m: 02:31,29 (00:51,35) 200m: 03:19,37 (00:48,08)			
	Nele Habig	2012	MTV Goslar	03:21,78
	50m: 00:46,53 (00:46,53) 100m: 01:39,17 (00:52,64) 150m: 02:30,65 (00:51,48) 200m: 03:21,78 (00:51,13)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Evelyn Harmelink	2013	TuS Neuenhaus	03:04,96
	50m: 00:42,28 (00:42,28) 100m: 01:29,14 (00:46,86) 150m: 02:17,58 (00:48,44) 200m: 03:04,96 (00:47,38)			
	Charlotta Bundkiel	2013	Polizei SV Oldenburg	03:21,68
	50m: 00:47,04 (00:47,04) 100m: 01:39,28 (00:52,24) 150m: 02:31,78 (00:52,50) 200m: 03:21,68 (00:49,90)			
	Joline Topper	2013	STP Swim Team Pattensen	03:25,93
	50m: 00:48,83 (00:48,83) 100m: 01:42,30 (00:53,47) 150m: 02:33,36 (00:51,06) 200m: 03:25,93 (00:52,57)			
	Luna Marie Bolz	2013	VfL Osnabrück	03:27,93
	50m: 00:48,47 (00:48,47) 100m: 01:42,55 (00:54,08) 150m: 02:35,88 (00:53,33) 200m: 03:27,93 (00:52,05)			
	Jil Burrichter	2013	Wardenburger SC	03:33,74
	50m: 00:49,10 (00:49,10) 100m: 01:45,09 (00:55,99) 150m: 02:40,52 (00:55,43) 200m: 03:33,74 (00:53,22)			

noch Wettkampf 7 - 200m Rücken weiblich

noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Hannah Lage	2013	SSG Braunschweig	03:41,38	
	50m: 00:53,88 (00:53,88) 100m: 01:52,57 (00:58,69) 150m: 02:48,77 (00:56,20) 200m: 03:41,38 (00:52,61)				
	Rieke Nemitz	2013	TSV Wietze	03:52,72	EnM
	50m: 00:53,64 (00:53,64) 100m: 01:55,45 (01:01,81) 150m: 02:55,27 (00:59,82) 200m: 03:52,72 (00:57,45)				

SMK und Einzel (200m Rücken weiblich)

Jahrgang 2011

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Caroline Back	2011	Celler Schwimm-Club e.V.	02:43,95
2.	Hermine Hemme	2011	TV Meppen	02:50,28
3.	Neva Mielke	2011	ASC Göttingen von 1846 e.V.	02:55,98
4.	Gesine Marie Brase	2011	TWG 1861 Göttingen	02:56,50
5.	Jule Daweke	2011	VfL Osnabrück	03:02,01
6.	Mariella Günther	2011	MTV Goslar	03:07,47
7.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	03:11,74

Jahrgang 2012

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeisterin	Monika Yu	2012	TuS 1849 Clausthal-Zellerfeld	02:59,17
2.	Amelie Sophie Buss	2012	SC Altwarmbüchen	02:59,82
3.	Meike Spangenberg	2012	TSV Pattensen	03:02,14
4.	Marie Wolff	2012	TSG 07 Burg Gretesch	03:03,03
5.	Melina Busse	2012	Celler Schwimm-Club e.V.	03:04,52
6.	Svea Güttler	2012	VfL Rastede	03:07,27
7.	Marie Spangenberg	2012	TSV Pattensen	03:12,79
8.	Kaja Virágh	2012	Stader Schwimmverein	03:13,34
9.	Lydia Behrens	2012	TWG 1861 Göttingen	03:15,44
10.	Liv Großmann	2012	SGS Hannover	03:15,69
11.	Sarah Froklage	2012	TSV Otterndorf	03:18,80
12.	Smilla Koriath	2012	Grafen Schwimmteam	03:19,37
13.	Diana Sievers	2012	TSV Pattensen	03:19,96
14.	Nele Habig	2012	MTV Goslar	03:21,78
15.	Ida Mende	2012	SSG Braunschweig	03:23,92
16.	Elina Unruh	2012	Landesschwimmverband Niedersachsen	03:26,22
17.	Ella Oeßel	2012	Eintracht Hildesheim	03:29,73

Jahrgang 2013

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Landesjahrgangsmeisterin	Evelyn Harmelink	2013	TuS Neuenhaus	03:04,96	
2.	Charlotta Bundkiel	2013	Polizei SV Oldenburg	03:21,68	
3.	Joline Topper	2013	STP Swim Team Pattensen	03:25,93	
4.	Luna Marie Bolz	2013	VfL Osnabrück	03:27,93	
5.	Jil Burrichter	2013	Wardenburger SC	03:33,74	
6.	Hannah Lage	2013	SSG Braunschweig	03:41,38	
7.	Rieke Nemitz	2013	TSV Wietze	03:52,72	EnM

noch SMK und Einzel (200m Rücken weiblich)

Wettkampf 8 - 200m Rücken männlich

Pflichtzeiten

2013: 03:48,00 2012: 03:30,00 2011: 03:17,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Jonas Gügelmeyer	2011	SV Wasserfreunde Dalum	02:47,80
	50m: 00:39,69 (00:39,69) 100m: 01:23,07 (00:43,38) 150m: 02:06,45 (00:43,38)			
	200m: 02:47,80 (00:41,35)			
	Mattis Meyer	2011	Delmenhorster SV 1905	02:58,35
	50m: 00:42,75 (00:42,75) 100m: 01:28,92 (00:46,17) 150m: 02:14,12 (00:45,20)			
	200m: 02:58,35 (00:44,23)			
	Steen Haun	2011	W98 Hannover	03:02,64
	50m: 00:42,48 (00:42,48) 100m: 01:29,58 (00:47,10) 150m: 02:17,63 (00:48,05)			
	200m: 03:02,64 (00:45,01)			
	Jonathan Carspecken	2011	SV Wildeshausen	03:05,09
	100m: 01:30,01 (01:30,01) 200m: 03:05,09 (01:35,08)			

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Yehor Byba	2012	MTV Goslar	02:56,94
	50m: 00:40,72 (00:40,72) 100m: 01:26,86 (00:46,14) 150m: 02:14,13 (00:47,27)			
	200m: 02:56,94 (00:42,81)			
	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	03:04,47
	50m: 00:44,04 (00:44,04) 100m: 01:31,89 (00:47,85) 150m: 02:18,72 (00:46,83)			
	200m: 03:04,47 (00:45,75)			
	Kjell Ahlers	2012	Wardenburger SC	03:06,13
	50m: 00:44,10 (00:44,10) 100m: 01:32,92 (00:48,82) 150m: 02:20,83 (00:47,91)			
	200m: 03:06,13 (00:45,30)			
	Michael Yastrebov	2012	SGS Hannover	03:12,40
	50m: 00:45,70 (00:45,70) 100m: 01:35,22 (00:49,52) 150m: 02:24,17 (00:48,95)			
	200m: 03:12,40 (00:48,23)			
	Felix Yang	2012	VfL Osnabrück	03:24,32
	50m: 00:47,75 (00:47,75) 100m: 01:41,72 (00:53,97) 150m: 02:34,58 (00:52,86)			
	200m: 03:24,32 (00:49,74)			
	Mattis Willsenach	2012	SSG Braunschweig	03:29,73
	50m: 00:48,68 (00:48,68) 100m: 01:43,67 (00:54,99) 150m: 02:37,24 (00:53,57)			
	200m: 03:29,73 (00:52,49)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Franz Arnold	2013	VfV Hildesheim	03:14,48
	50m: 00:45,65 (00:45,65) 100m: 01:36,81 (00:51,16) 150m: 02:27,36 (00:50,55)			
	200m: 03:14,48 (00:47,12)			
	Lando Hahn	2013	SSG Braunschweig	03:24,77
	50m: 00:47,18 (00:47,18) 100m: 01:39,81 (00:52,63) 150m: 02:32,75 (00:52,94)			
	200m: 03:24,77 (00:52,02)			
	Olivier Awrycewicz	2013	TV Jahn Schneverdingen	03:26,54
	50m: 00:50,54 (00:50,54) 100m: 01:45,19 (00:54,65) 150m: 02:36,63 (00:51,44)			
	200m: 03:26,54 (00:49,91)			
	Tebbe Menken	2013	SC Dunum	03:33,02
	50m: 00:50,57 (00:50,57) 100m: 01:45,82 (00:55,25) 150m: 02:40,72 (00:54,90)			
	200m: 03:33,02 (00:52,30)			
	Julian Kampel	2013	SV Nienhagen 1928	03:42,23
	50m: 00:51,47 (00:51,47) 100m: 01:49,90 (00:58,43) 150m: 02:45,99 (00:56,09)			
	200m: 03:42,23 (00:56,24)			
	Danial Ludt	2013	Wardenburger SC	03:51,79
	100m: 01:55,18 (01:55,18) 200m: 03:51,79 (01:56,61)			

EnM

SMK und Einzel (200m Rücken männlich)

Jahrgang 2011

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Timo Wentland	2011	SSG Braunschweig	02:33,75
2.	Jonas Gügelmeyer	2011	SV Wasserfreunde Dalum	02:47,80
3.	Adam Haji	2011	ATS Cuxhaven	02:54,94
4.	Mattis Meyer	2011	Delmenhorster SV 1905	02:58,35
5.	Steen Haun	2011	W98 Hannover	03:02,64
6.	Jonathan Carspecken	2011	SV Wildeshausen	03:05,09
7.	Leonard Nowacki	2011	TSV Adendorf 1923	03:24,33

Jahrgang 2012

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	02:51,59
2.	Yehor Byba	2012	MTV Goslar	02:56,94
3.	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	03:04,47
4.	Kjell Ahlers	2012	Wardenburger SC	03:06,13
5.	Friedrich Dammeyer	2012	SSG Braunschweig	03:06,20
6.	Lasse Palle Phielpeit	2012	Celler Schwimm-Club e.V.	03:06,84
7.	Michael Yastrebov	2012	SGS Hannover	03:12,40
8.	Tim Liam Schönemann	2012	SV Nienhagen 1928	03:12,52
9.	Felix Yang	2012	VfL Osnabrück	03:24,32
10.	Mattis Willsenach	2012	SSG Braunschweig	03:29,73

Jahrgang 2013

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Franz Arnold	2013	VfV Hildesheim	03:14,48
2.	Lando Hahn	2013	SSG Braunschweig	03:24,77
3.	Olivier Awrycewicz	2013	TV Jahn Schneverdingen	03:26,54
4.	Tebbe Menken	2013	SC Dunum	03:33,02
5.	Julian Kampel	2013	SV Nienhagen 1928	03:42,23
6.	Danial Ludt	2013	Wardenburger SC	03:51,79

EnM

Wettkampf 209 - 50m K-Beine weiblich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Zeitpunkte
	Carla Bredemeier	2011	Wardenburger SC	00:44,97	435
	Zarah Podlogar	2011	Wardenburger SC	00:49,21	333
	Maila Lüders	2011	Celler Schwimm-Club e.V.	00:50,23	312
	Noelia Krampen	2011	SGS Barsinghausen	00:51,94	282

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Zeitpunkte
	Emma Klöber	2012	SGS Barsinghausen	00:52,33	276
	Ronja Langowicz	2012	VfV Hildesheim	00:52,42	276
	Jana Luise Papstein	2012	MTV Goslar	00:56,23	222
	Carina Riedel	2012	SSG Nord-Calenberg	00:56,27	222
	Nele Habig	2012	MTV Goslar	00:59,93	183

Wettkampf 210 - 50m K-Beine männlich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Zeitpunkte
	Yannick Jung	2011	SSG Braunschweig	00:46,47	273
	Leo Andrzheevskii	2011	SGS Hannover	00:47,51	255
	Jesper Kappertz	2011	VfV Hildesheim	00:49,81	219
	Julian Crull	2011	TSV Wietze	00:53,43	177
	Brian Kraft	2011	SSG Braunschweig	01:02,04	114

noch Wettkampf 210 - 50m K-Beine männlich (SMK 2011-2012)

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Zeitpunkte
	<u>abgemeldet</u> Benjamin Funke	2011	Celler Schwimm-Club e.V.		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Zeitpunkte
	Yehor Byba	2012	MTV Goslar	00:46,52	270
	Lukas Winter	2012	SSG Braunschweig	00:49,10	231
	Conrad Vollmer	2012	SSG Braunschweig	00:52,01	192
	Kjell Mühe	2012	Eintracht Hildesheim	00:56,33	153
	Carl-Johan Kreibohm	2012	MTV Goslar	00:58,93	132
	Floyd Düker	2012	Wardenburger SC	00:59,76	126
	Michael Hering	2012	Polizei SV Oldenburg	01:03,93	102
	Kjell Ahlers	2012	Wardenburger SC	01:05,33	96

Hannover, den 22.04.2023

Abschnittende: 13:18 Uhr

Protokollende: 13:23 Uhr

gez. Thorsten Fink
Schiedsrichter

gez. Nico Winkler
Schiedsrichter

gez. Fabian Natusch
Protokollführer