

Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Leo Andrzhhevskii	2011	SGS Hannover	05:06,56	369
	50m: 00:32,96 (00:32,96) 100m: 01:10,64 (00:37,68) 150m: 01:49,73 (00:39,09) 200m: 02:29,50 (00:39,77) 250m: 03:09,52 (00:40,02) 300m: 03:49,74 (00:40,22) 350m: 04:29,09 (00:39,35) 400m: 05:06,56 (00:37,47)				
	Noah John	2011	VfV Hildesheim	05:16,09	337
	50m: 00:35,09 (00:35,09) 100m: 01:13,99 (00:38,90) 150m: 01:54,43 (00:40,44) 200m: 02:35,19 (00:40,76) 250m: 03:16,18 (00:40,99) 300m: 03:57,02 (00:40,84) 350m: 04:37,77 (00:40,75) 400m: 05:16,09 (00:38,32)				
	Yannick Jung	2011	SSG Braunschweig	05:22,88	316
	50m: 00:34,86 (00:34,86) 100m: 01:14,68 (00:39,82) 150m: 01:55,34 (00:40,66) 200m: 02:36,91 (00:41,57) 250m: 03:20,27 (00:43,36) 300m: 04:02,95 (00:42,68) 350m: 04:45,06 (00:42,11) 400m: 05:22,88 (00:37,82)				
	Timo Wentland	2011	SSG Braunschweig	05:25,39	309
	50m: 00:31,17 (00:31,17) 100m: 01:08,20 (00:37,03) 150m: 01:49,34 (00:41,14) 200m: 02:32,32 (00:42,98) 250m: 03:16,30 (00:43,98) 300m: 03:59,88 (00:43,58) 350m: 04:43,44 (00:43,56) 400m: 05:25,39 (00:41,95)				
	Jesper Kappertz	2011	VfV Hildesheim	05:30,03	296
	50m: 00:36,50 (00:36,50) 100m: 01:18,18 (00:41,68) 150m: 02:01,58 (00:43,40) 200m: 02:44,05 (00:42,47) 250m: 03:26,09 (00:42,04) 300m: 04:08,73 (00:42,64) 350m: 04:51,08 (00:42,35) 400m: 05:30,03 (00:38,95)				
	Adam Haji	2011	ATS Cuxhaven	05:39,68	271
	50m: 00:36,37 (00:36,37) 100m: 01:18,86 (00:42,49) 150m: 02:01,76 (00:42,90) 200m: 02:45,44 (00:43,68) 250m: 03:30,13 (00:44,69) 300m: 04:14,93 (00:44,80) 350m: 04:59,08 (00:44,15) 400m: 05:39,68 (00:40,60)				
	Sven Jonathan Rathmann	2011	SSG Braunschweig	05:54,90	238
	50m: 00:38,75 (00:38,75) 100m: 01:22,14 (00:43,39) 150m: 02:08,10 (00:45,96) 200m: 02:53,85 (00:45,75) 250m: 03:39,92 (00:46,07) 300m: 04:26,93 (00:47,01) 350m: 05:12,92 (00:45,99) 400m: 05:54,90 (00:41,98)				
	Brian Kraft	2011	SSG Braunschweig	06:11,45	207
	50m: 00:39,07 (00:39,07) 100m: 01:24,33 (00:45,26) 150m: 02:11,97 (00:47,64) 200m: 03:01,32 (00:49,35) 250m: 03:50,26 (00:48,94) 300m: 04:39,45 (00:49,19) 350m: 05:28,65 (00:49,20) 400m: 06:11,45 (00:42,80)				
	Jannik Ahrens	2011	Celler Schwimm-Club e.V.	06:19,94	194
	50m: 00:41,20 (00:41,20) 100m: 01:29,20 (00:48,00) 150m: 02:18,12 (00:48,92) 200m: 03:08,66 (00:50,54) 250m: 03:58,14 (00:49,48) 300m: 04:49,14 (00:51,00) 350m: 05:37,55 (00:48,41) 400m: 06:19,94 (00:42,39)				
	Julian Crull	2011	TSV Wietze	06:20,44	193
	50m: 00:39,50 (00:39,50) 100m: 01:26,08 (00:46,58) 150m: 02:14,06 (00:47,98) 200m: 03:03,84 (00:49,78) 250m: 03:54,41 (00:50,57) 300m: 04:45,52 (00:51,11) 350m: 05:35,08 (00:49,56) 400m: 06:20,44 (00:45,36)				
	Leonard Nowacki	2011	TSV Adendorf 1923	06:41,11	165
	50m: 00:39,97 (00:39,97) 100m: 01:28,38 (00:48,41) 150m: 02:20,34 (00:51,96) 200m: 03:13,32 (00:52,98) 250m: 04:06,69 (00:53,37) 300m: 04:59,56 (00:52,87) 350m: 05:52,21 (00:52,65) 400m: 06:41,11 (00:48,90)				
	<u>abgemeldet</u>				
	Benedikt Frommer	2011	Celler Schwimm-Club e.V.		
	Benjamin Funke	2011	Celler Schwimm-Club e.V.		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Tjark Phil Jürgen Meiners	2012	Polizei SV Oldenburg	05:20,79	322
	50m: 00:35,11 (00:35,11) 100m: 01:14,74 (00:39,63) 150m: 01:55,29 (00:40,55) 200m: 02:35,88 (00:40,59) 250m: 03:16,84 (00:40,96) 300m: 03:58,26 (00:41,42) 350m: 04:39,12 (00:40,86) 400m: 05:20,79 (00:41,67)				
	Kjell Ahlers	2012	Wardenburger SC	05:33,14	288
	50m: 00:35,18 (00:35,18) 100m: 01:15,19 (00:40,01) 150m: 01:57,19 (00:42,00) 200m: 02:39,96 (00:42,77) 250m: 03:22,72 (00:42,76) 300m: 04:06,94 (00:44,22) 350m: 04:50,25 (00:43,31) 400m: 05:33,14 (00:42,89)				
	Lukas Winter	2012	SSG Braunschweig	05:36,69	279
	50m: 00:35,28 (00:35,28) 100m: 01:17,21 (00:41,93) 150m: 02:00,49 (00:43,28) 200m: 02:43,53 (00:43,04) 250m: 03:27,15 (00:43,62) 300m: 04:10,91 (00:43,76) 350m: 04:54,14 (00:43,23) 400m: 05:36,69 (00:42,55)				

noch Wettkampf 202 - 400m Freistil männlich (SMK 2011-2012)**noch Jahrgang 2012**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Caspar Friedrich Lüers	2012	Polizei SV Oldenburg	05:41,58	267
	50m: 00:36,95 (00:36,95) 100m: 01:19,84 (00:42,89) 150m: 02:03,42 (00:43,58) 200m: 02:47,27 (00:43,85) 250m: 03:31,72 (00:44,45) 300m: 04:15,30 (00:43,58) 350m: 05:00,60 (00:45,30) 400m: 05:41,58 (00:40,98)				
	Simon Dannenberg	2012	SGS Hannover	05:42,50	265
	50m: 00:36,65 (00:36,65) 100m: 01:20,61 (00:43,96) 150m: 02:05,14 (00:44,53) 200m: 02:49,27 (00:44,13) 250m: 03:32,85 (00:43,58) 300m: 04:16,87 (00:44,02) 350m: 05:00,74 (00:43,87) 400m: 05:42,50 (00:41,76)				
	Floyd Düker	2012	Wardenburger SC	05:43,81	262
	50m: 00:35,81 (00:35,81) 100m: 01:17,05 (00:41,24) 150m: 02:00,75 (00:43,70) 200m: 02:44,18 (00:43,43) 250m: 03:29,75 (00:45,57) 300m: 04:14,58 (00:44,83) 350m: 05:00,61 (00:46,03) 400m: 05:43,81 (00:43,20)				
	Conrad Vollmer	2012	SSG Braunschweig	05:46,10	257
	50m: 00:36,09 (00:36,09) 100m: 01:18,60 (00:42,51) 150m: 02:04,09 (00:45,49) 200m: 02:49,20 (00:45,11) 250m: 03:33,95 (00:44,75) 300m: 04:18,88 (00:44,93) 350m: 05:04,41 (00:45,53) 400m: 05:46,10 (00:41,69)				
	Yehor Byba	2012	MTV Goslar	05:49,66	249
	50m: 00:37,15 (00:37,15) 100m: 01:20,89 (00:43,74) 150m: 02:06,69 (00:45,80) 200m: 02:52,45 (00:45,76) 250m: 03:38,21 (00:45,76) 300m: 04:24,15 (00:45,94) 350m: 05:08,23 (00:44,08) 400m: 05:49,66 (00:41,43)				
	Carl-Johan Kreibohm	2012	MTV Goslar	05:56,51	235
	50m: 00:39,50 (00:39,50) 100m: 01:23,34 (00:43,84) 150m: 02:08,26 (00:44,92) 200m: 02:54,16 (00:45,90) 250m: 03:40,74 (00:46,58) 300m: 04:27,47 (00:46,73) 350m: 05:13,74 (00:46,27) 400m: 05:56,51 (00:42,77)				
	Friedrich Dammeyer	2012	SSG Braunschweig	05:57,91	232
	50m: 00:38,61 (00:38,61) 100m: 01:22,04 (00:43,43) 150m: 02:08,16 (00:46,12) 200m: 02:53,81 (00:45,65) 250m: 03:40,82 (00:47,01) 300m: 04:27,29 (00:46,47) 350m: 05:14,18 (00:46,89) 400m: 05:57,91 (00:43,73)				
	Kjell Mühe	2012	Eintracht Hildesheim	05:59,17	230
	50m: 00:37,84 (00:37,84) 100m: 01:22,74 (00:44,90) 150m: 02:09,78 (00:47,04) 200m: 02:56,30 (00:46,52) 250m: 03:43,81 (00:47,51) 300m: 04:29,40 (00:45,59) 350m: 05:15,63 (00:46,23) 400m: 05:59,17 (00:43,54)				
	Lasse Palle Phielipeit	2012	Celler Schwimm-Club e.V.	06:12,74	205
	50m: 00:39,38 (00:39,38) 100m: 01:26,52 (00:47,14) 150m: 02:14,54 (00:48,02) 200m: 03:03,58 (00:49,04) 250m: 03:53,36 (00:49,78) 300m: 04:42,72 (00:49,36) 400m: 06:12,74 (01:30,02)				
	Tim Liam Schönemann	2012	SV Nienhagen 1928	06:18,01	197
	50m: 00:40,90 (00:40,90) 100m: 01:28,11 (00:47,21) 150m: 02:16,90 (00:48,79) 200m: 03:05,69 (00:48,79) 250m: 03:55,48 (00:49,79) 300m: 04:44,76 (00:49,28) 350m: 05:33,69 (00:48,93) 400m: 06:18,01 (00:44,32)				
	Alexej Zoller	2012	Polizei SV Oldenburg	06:32,17	176
	50m: 00:41,04 (00:41,04) 100m: 01:30,70 (00:49,66) 150m: 02:21,96 (00:51,26) 200m: 03:14,20 (00:52,24) 250m: 04:05,48 (00:51,28) 300m: 04:57,58 (00:52,10) 350m: 05:48,00 (00:50,42) 400m: 06:32,17 (00:44,17)				
	Michael Hering	2012	Polizei SV Oldenburg	06:42,60	163
	50m: 00:42,91 (00:42,91) 100m: 01:35,65 (00:52,74) 200m: 03:20,63 (01:44,98) 250m: 04:12,33 (00:51,70) 300m: 05:05,18 (00:52,85) 350m: 05:57,83 (00:52,65) 400m: 06:42,60 (00:44,77)				
	<u>abgemeldet</u>				
	Jonas Hohmeier	2012	TWG 1861 Göttingen		